



Extra-Curricular program 2024 Summer Term 1



CARDINAL POLE
CATHOLIC SCHOOL

OUR MISSION

'Cardinal Pole Catholic School is a community of *service* guiding young people on a path to *opportunity*, *aspiration*, and *reward*, founded on Catholic values.'



What you need to know

- All clubs have started back
- An opportunity to try a new activity or club
- This is an opportunity to try something new.
- Most clubs are straight after school but there are some lunchtime clubs and before-school clubs.





Be sure to look out for...

- **Basketball**
- **PSG football sessions**
- **Weightlifting**
- **Fashion design**
- **Rock band**
- **Coding Club**
- **Book Club**

SPORTS OFFER - AFTER SCHOOL CLUBS (3-4pm unless stated)

	MON	TUE	WED	THU	FRI
Astro	Rounders for all (EWA and DMC)	Y7 Boys Football PSG 3.15pm – 4.15pm	PSG Activity Session TBC (e.g. bonus sessions, inter house competitions)	Y7-9 Girls Football PSG 3.15pm – 4.15pm	Y8 Boys Football PSG 3.15pm – 4.15pm
Sports Hall/	ATHLETICS (NMC)	Hackney Jedi Basketball 3-4pm Girls all years / Boys Y8-9 4-5pm Y10-13 Mixed (must do gym 3-4pm or 6F in intervention)		ATHLETICS (EWA)	Hackney Jedi Basketball 3-4pm Y7 Boys 4-6pm Y10-13 Mixed (must do gym 3-4pm or 6F in intervention)
Outside Lower Playground / Outdoor Courts	ATHLETICS (WLA)				
GYM	Y7/8 Fitness (MCR)	Olympic Weightlifting Y9-Y13 Omarie Mears TBC	Girls Fitness Y9-13 MAR	Y9-13 Fitness (MCR)	Fitness Y9-Y13 (MCR/WLA)
OTHER				Duke of Edinburgh NMC	

Study Space

- **A reminder that there is a staffed study space for students in both KS3 and Ks4.**
- **Study Space is open for students on a Monday-Thursday**

Ks3 – Room F013

Ks4- Room J113

Expectations

- It is expected that all students take part in at least two extracurricular activities this term.
- Sign up is via Evolve – your parents will be sent a sign-up email link and frequent reminders.
- Do not sign up for more than three activities a week.
- There are great activities on offer, so be sure to look at the programme carefully before you choose.



Cardinal Pole 50

This year there is an expectation for students to complete 50 extra-curricular hours.

Extra-Curricular Reward Structure		
Cardinal Pole 50 Extra Curricular Award	50 sessions	Certificate, Text home and Extra Curricular badge
Cardinal Pole 50 Extra Curricular GOLD Award	75 sessions	Certificate, Text home, Extra Curricular badge (GOLD) and Amazon Voucher
Cardinal Pole 50 Extra Curricular Platinum Award	100 sessions	Certificate, Text home, Extra Curricular badge (Platinum) and Rowans Bowling Trip



Extra-Curricular offer

Club	Day	Time	Staff	Room
Chess Club	Mon	12:45 - 13:15	Robert Bielicki	T028
Caritas	Mon	12:45 - 13:15	Sinead Loughney	J204
Year 7 Boys Football	Mon	15:00 - 16:00	Neil McDaid	Muga
Year 7 and 8 Netball	Mon	15:00 - 16:00	Danielle McAllister	Playground
Girls Basketball	Mon	15:00 - 16:00	Neil McDaid	Outdoor basketball area
KS4 Study Space	Mon	15:00 - 16:00	Shahidur Rahman	J113
Maths Drop-in	Mon	15:00 - 16:00	Jackson Okosun	J213
Gym	Mon	15:00 - 16:00	William Lawn	Gym
KS3 Study Space	Mon	15:00 - 16:00	Cristina Cano	F019
Chaplaincy Art	Mon	15:00 - 16:00	Kimberley Fernandes	Chapel
Tree of life - Reflection	Mon	15:00 - 16:00	Shahidur Rahman	F204
Year 7-8 Basketball	Mon	15:00 - 16:00	Michael Crossley	Outdoor basketball area
Musical Mondays	Mon	15:00 - 16:00	Liliana Tavares	T115
Book Club	Mon	15:15 - 16:00	Gabriela Toma	Library
Coding Club	Tue	12:45 - 13:15	Doris Imo	J114
Art Colouring Space	Tue	12:45 - 13:15	Ciaran Murray Mathews	J201
Student Leadership Games Club	Tue	12:45 - 13:15	Shahidur Rahman	F013
Embroidery and Cross-stitch	Tue	12:45 - 13:15	Sian Hargreaves	J202
Year 7-9 Percussion Club	Wed	12:45 - 13:15	Laura Singleton	T120
Chaplaincy: Flames	Wed	12:45 - 13:15	Kimberley Fernandes	Chapel
Film Club	Wed	15:00 - 16:00	James Rumsey	F102
Senior Percussion	Wed	15:00 - 16:00	Laura Singleton	T120
Chess Club (Afterschool)	Wed	15:00 - 16:00	Robert Bielicki	T128
Fashion Design	Wed	15:00 - 16:00	Ellen Delafield	T027
Art Sculpture Club	Wed	15:00 - 16:00	Kathryn Place	T214
Debating Club	Wed	15:00 - 16:00	Maria Chera	J107
STEM Club	Wed	15:00 - 16:00	Maria Filice	F216
Hockey	Wed	15:00 - 16:00	Michael Crossley	Muga
Senior Choir	Thu	12:45 - 13:10	Laura Singleton	T120
Philosophy Club	Thu	12:45 - 13:15	Jonathan Tamas	T126
Year 9-11 Netball	Thu	15:00 - 16:00	Danielle McAllister	Playground
Rockband	Thu	15:00 - 16:00	Robert Bielicki	T120
Girls Football	Thu	15:00 - 16:00	Ellen Walker	Muga
Junior Choir	Fri	12:45 - 13:15	Laura Singleton	T120
Year 8 Boys Football	Fri	15:00 - 16:00	William Lawn	Muga
Year 11-13 Basketball	Fri	15:00 - 16:00	Neil McDaid	Outdoor basketball area



Year 9

Club	Day	Time	Staff	Room
Chess Club	Mon	12:45 - 13:15	Robert Bielicki	T028
Caritas	Mon	12:45 - 13:15	Sinead Loughney	J204
Girls Basketball	Mon	15:00 - 16:00	Neil McDaid	Outdoor basketball area
KS4 Study Space	Mon	15:00 - 16:00	Shahidur Rahman	J113
Maths Drop-in	Mon	15:00 - 16:00	Jackson Okosun	J213
Gym	Mon	15:00 - 16:00	William Lawn	Gym
Chaplaincy Art	Mon	15:00 - 16:00	Kimberley Fernandes	Chapel
Tree of life - Reflection	Mon	15:00 - 16:00	Shahidur Rahman	F204
Year 7-8 Basketball	Mon	15:00 - 16:00	Michael Crossley	Outdoor basketball area
Musical Mondays	Mon	15:00 - 16:00	Liliana Tavares	T115
Book Club	Mon	15:15 - 16:00	Gabriela Toma	Library
Coding Club	Tue	12:45 - 13:15	Doris Imo	J114
Art Colouring Space	Tue	12:45 - 13:15	Ciaran Murray Mathews	J201
Student Leadership Games Club	Tue	12:45 - 13:15	Shahidur Rahman	F013
Embroidery and Cross-stitch	Tue	12:45 - 13:15	Sian Hargreaves	J202
Year 7-9 Percussion Club	Wed	12:45 - 13:15	Laura Singleton	T120
Chaplaincy: Flames	Wed	12:45 - 13:15	Kimberley Fernandes	Chapel
Film Club	Wed	15:00 - 16:00	James Rumsey	F102
Senior Percussion	Wed	15:00 - 16:00	Laura Singleton	T120
Chess Club (Afterschool)	Wed	15:00 - 16:00	Robert Bielicki	T128
Fashion Design	Wed	15:00 - 16:00	Ellen Delafield	T027
Art Sculpture Club	Wed	15:00 - 16:00	Kathryn Place	T214
Debating Club	Wed	15:00 - 16:00	Maria Chera	J107
STEM Club	Wed	15:00 - 16:00	Maria Filice	F216
Hockey	Wed	15:00 - 16:00	Michael Crossley	Muga
Senior Choir	Thu	12:45 - 13:10	Laura Singleton	T120
Philosophy Club	Thu	12:45 - 13:15	Jonathan Tamas	T126
Year 9-11 Netball	Thu	15:00 - 16:00	Danielle McAllister	Playground
Rockband	Thu	15:00 - 16:00	Robert Bielicki	T120
Girls Football	Thu	15:00 - 16:00	Ellen Walker	Muga
Junior Choir	Fri	12:45 - 13:15	Laura Singleton	T120



Year 8

Club	Day	Time	Staff	Room
Chess Club	Mon	12:45 - 13:15	Robert Bielicki	T028
Caritas	Mon	12:45 - 13:15	Sinead Loughney	J204
Year 7 and 8 Netball	Mon	15:00 - 16:00	Danielle McAllister	Playground
Girls Basketball	Mon	15:00 - 16:00	Neil McDaid	Outdoor basketball area
Maths Drop-in	Mon	15:00 - 16:00	Jackson Okosun	J213
Gym	Mon	15:00 - 16:00	William Lawn	Gym
KS3 Study Space	Mon	15:00 - 16:00	Cristina Cano	F019
Chaplaincy Art	Mon	15:00 - 16:00	Kimberley Fernandes	Chapel
Tree of life - Reflection	Mon	15:00 - 16:00	Shahidur Rahman	F204
Year 7-8 Basketball	Mon	15:00 - 16:00	Michael Crossley	Outdoor basketball area
Musical Mondays	Mon	15:00 - 16:00	Liliana Tavares	T115
Book Club	Mon	15:15 - 16:00	Gabriela Toma	Library
Coding Club	Tue	12:45 - 13:15	Doris Imo	J114
Art Colouring Space	Tue	12:45 - 13:15	Ciaran Murray Mathews	J201
Student Leadership Games Club	Tue	12:45 - 13:15	Shahidur Rahman	F013
Embroidery and Cross-stitch	Tue	12:45 - 13:15	Sian Hargreaves	J202
Year 7-9 Percussion Club	Wed	12:45 - 13:15	Laura Singleton	T120
Chaplaincy: Flames	Wed	12:45 - 13:15	Kimberley Fernandes	Chapel
Film Club	Wed	15:00 - 16:00	James Rumsey	F102
Senior Percussion	Wed	15:00 - 16:00	Laura Singleton	T120
Chess Club (Afterschool)	Wed	15:00 - 16:00	Robert Bielicki	T128
Fashion Design	Wed	15:00 - 16:00	Ellen Delafield	T027
Art Sculpture Club	Wed	15:00 - 16:00	Kathryn Place	T214
Debating Club	Wed	15:00 - 16:00	Maria Chera	J107
STEM Club	Wed	15:00 - 16:00	Maria Filice	F216
Hockey	Wed	15:00 - 16:00	Michael Crossley	Muga
Senior Choir	Thu	12:45 - 13:10	Laura Singleton	T120
Philosophy Club	Thu	12:45 - 13:15	Jonathan Tamas	T126
Rockband	Thu	15:00 - 16:00	Robert Bielicki	T120
Girls Football	Thu	15:00 - 16:00	Ellen Walker	Muga
Junior Choir	Fri	12:45 - 13:15	Laura Singleton	T120
Year 8 Boys Football	Fri	15:00 - 16:00	William Lawn	Muga



Year 10

Club	Day	Time	Staff	Room
Chess Club	Mon	12:45 - 13:15	Robert Bielicki	T028
Caritas	Mon	12:45 - 13:15	Sinead Loughney	J204
Girls Basketball	Mon	15:00 - 16:00	Neil McDauid	Outdoor basketball area
KS4 Study Space	Mon	15:00 - 16:00	Shahidur Rahman	J113
Maths Drop-in	Mon	15:00 - 16:00	Jackson Okosun	J213
Gym	Mon	15:00 - 16:00	William Lawn	Gym
Chaplaincy Art	Mon	15:00 - 16:00	Kimberley Fernandes	Chapel
Tree of life - Reflection	Mon	15:00 - 16:00	Shahidur Rahman	F204
Musical Mondays	Mon	15:00 - 16:00	Liliana Tavares	T115
Book Club	Mon	15:15 - 16:00	Gabriela Toma	Library
Coding Club	Tue	12:45 - 13:15	Doris Imo	J114
Art Colouring Space	Tue	12:45 - 13:15	Ciaran Murray Mathews	J201
Student Leadership Games Club	Tue	12:45 - 13:15	Shahidur Rahman	F013
Embroidery and Cross-stitch	Tue	12:45 - 13:15	Sian Hargreaves	J202
Chaplaincy: Flames	Wed	12:45 - 13:15	Kimberley Fernandes	Chapel
Film Club	Wed	15:00 - 16:00	James Rumsey	F102
Senior Percussion	Wed	15:00 - 16:00	Laura Singleton	T120
Chess Club (Afterschool)	Wed	15:00 - 16:00	Robert Bielicki	T128
Fashion Design	Wed	15:00 - 16:00	Ellen Delafield	T027
Art Sculpture Club	Wed	15:00 - 16:00	Kathryn Place	T214
Debating Club	Wed	15:00 - 16:00	Maria Chera	J107
STEM Club	Wed	15:00 - 16:00	Maria Filice	F216
Hockey	Wed	15:00 - 16:00	Michael Crossley	Muga
Senior Choir	Thu	12:45 - 13:10	Laura Singleton	T120
Philosophy Club	Thu	12:45 - 13:15	Jonathan Tamas	T126
Year 9-11 Netball	Thu	15:00 - 16:00	Danielle McAllister	Playground
Rockband	Thu	15:00 - 16:00	Robert Bielicki	T120
Girls Football	Thu	15:00 - 16:00	Ellen Walker	Muga
Junior Choir	Fri	12:45 - 13:15	Laura Singleton	T120
Year 11-13 Basketball	Fri	15:00 - 16:00	Neil McDauid	Outdoor basketball area



Year 11

Club	Day	Time	Staff	Room
Chess Club	Mon	12:45 - 13:15	Robert Bielicki	T028
Caritas	Mon	12:45 - 13:15	Sinead Loughney	J204
Girls Basketball	Mon	15:00 - 16:00	Neil McDaid	Outdoor basketball area
KS4 Study Space	Mon	15:00 - 16:00	Shahidur Rahman	J113
Maths Drop-in	Mon	15:00 - 16:00	Jackson Okosun	J213
Gym	Mon	15:00 - 16:00	William Lawn	Gym
Chaplaincy Art	Mon	15:00 - 16:00	Kimberley Fernandes	Chapel
Tree of life - Reflection	Mon	15:00 - 16:00	Shahidur Rahman	F204
Musical Mondays	Mon	15:00 - 16:00	Liliana Tavares	T115
Book Club	Mon	15:15 - 16:00	Gabriela Toma	Library
Coding Club	Tue	12:45 - 13:15	Doris Imo	J114
Art Colouring Space	Tue	12:45 - 13:15	Ciaran Murray Mathews	J201
Student Leadership Games Club	Tue	12:45 - 13:15	Shahidur Rahman	F013
Embroidery and Cross-stitch	Tue	12:45 - 13:15	Sian Hargreaves	J202
Chaplaincy: Flames	Wed	12:45 - 13:15	Kimberley Fernandes	Chapel
Film Club	Wed	15:00 - 16:00	James Rumsey	F102
Senior Percussion	Wed	15:00 - 16:00	Laura Singleton	T120
Chess Club (Afterschool)	Wed	15:00 - 16:00	Robert Bielicki	T128
Fashion Design	Wed	15:00 - 16:00	Ellen Delafield	T027
Art Sculpture Club	Wed	15:00 - 16:00	Kathryn Place	T214
Debating Club	Wed	15:00 - 16:00	Maria Chera	J107
STEM Club	Wed	15:00 - 16:00	Maria Filice	F216
Hockey	Wed	15:00 - 16:00	Michael Crossley	Muga
Senior Choir	Thu	12:45 - 13:10	Laura Singleton	T120
Philosophy Club	Thu	12:45 - 13:15	Jonathan Tamas	T126
Year 9-11 Netball	Thu	15:00 - 16:00	Danielle McAllister	Playground
Rockband	Thu	15:00 - 16:00	Robert Bielicki	T120
Girls Football	Thu	15:00 - 16:00	Ellen Walker	Muga
Junior Choir	Fri	12:45 - 13:15	Laura Singleton	T120
Year 11-13 Basketball	Fri	15:00 - 16:00	Neil McDaid	Outdoor basketball area