

WEEK 1 HALAL MENU



CHOICE One

CHOICE Two

GRAB & GO OPTIONS

MON	Chicken Bangers and Mash With Peas and Gravy	Traditional Cottage Pie ✓ With Mash, Peas and Gravy
TUE	Chicken Masala Naan With Mixed Side Salad	Roasted Rainbow Vegetables ✓♥ With Flatbread Fingers, Carrot and Coriander salad and Houmous
WED	BBQ Mandarin Chicken ♥♥ with Vegetable Egg Fried Rice	Sweet Chilli Noodles ✓
THUR	Siracha Glazed Chicken Burger With Chipotle Potato Wedges and Sweetcorn	Plant Ball Marinara Melt ✓ With Chipotle Potato Wedges and Sweetcorn
FRI	Fish and Chips With Baked Beans and Peas	Vegan Sausage Roll ✓ With Chips, Baked Beans and Peas

WEEKLY SPECIAL

Indian Chickpea Salad

 ✓

SALADS:

Tuna Sweetcorn Pasta Salad ♥♥
Pesto Pasta Salad

SANDWICHES/BAGUETTES:

Cheese
Chicken & Mayo
Chicken
Cheese Sandwich
Cheese & Tomato

WRAPS:

Tuna Crunch Wrap ♥
Pepper & Houmous Wrap ✓♥

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Jacket Potato & Toppings

Fruity!
 Nutritionist's Choice
 Vegetarian
 Oily Fish
 Wholegrain
 Halal

WEEK 2 HALAL MENU

CHOICE
One

CHOICE
Two

GRAB & GO
OPTIONS

MON	Sloppy Joe Burger With Garlic and Herb Wedges and Sweetcorn	Vegetarian Cottage Pie With Sweetcorn and Peas
TUE	Chicken Katsu With Wholegrain Rice and Peas	Roasted Butternut Squash, Chickpea and Broccoli Buddha Bowl
WED	Roasted Chicken and Mash With Cabbage and Carrots	Macaroni cheese With Margherita Pizza Pinwheel
THUR	Chicken Tikka Masala With Rice and Chata Naan Bread	Roasted Cauliflower and Chickpea Korma With Rice and Chata Naan Bread
FRI	Crispy Chicken Burger With Chips	Vegetarian Burrito With Chips

WEEKLY SPECIAL

Indian Chickpea Salad

SALADS:

Tuna Sweetcorn Pasta Salad
Pesto Pasta Salad

SANDWICHES/BAGUETTES:

Cheese Sandwich
Chicken & Mayo Sandwich
Cheese Sandwich
Cheese & Tomato Baguette

WRAPS:

Tuna Crunch Wrap
Pepper & Houmous Wrap

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Jacket Potato & Toppings

Fruity! Nutritionist's Choice Vegetarian Oily Fish Wholegrain Halal

WEEK 3 HALAL MENU



CHOICE One

CHOICE Two

GRAB & GO OPTIONS

MON	BBQ Chicken Meatballs 🍷🍷 With Wholemeal Pasta	Cauliflower Mac 'n' Cheese 🍷🍷 with Pizza Pinwheel and Peas
TUE	Crispy Katsu Fish With Wholegrain Rice and Peas	Vegetarian Chilli 🍷🍷 with Wholegrain Rice and Peas
WED	Roasted Chicken and Mash 🍷 With Peas	Beetroot and Feta Burger With Baked Garlic and Herb Wedges and Apple Slaw
THUR	Chicken Shawarma 🍷 With Mexican Yellow Rice and Peas	Chinese Vegetable Noodles 🍷 With Peas
FRI	The Chicken Sausage Dog With Chips, Baked Bean and Peas	The Veggie Dog With Chips, Baked Bean and Peas

WEEKLY SPECIAL

Indian Chickpea Salad ✓

SALADS:

Tuna Sweetcorn Pasta Salad 🍷🍷
Pesto Pasta Salad

SANDWICHES/BAGUETTES:

Cheese Sandwich
Chicken & Mayo Sandwich
Cheese Sandwich
Cheese & Tomato Baguette

WRAPS:

Tuna Crunch Wrap 🍷
Pepper & Houmous Wrap ✓ 🍷

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Jacket Potato & Toppings