

Summer Parent/Carer workshops

Delivered by City & Hackney Mental Health Support in Schools Team

July-August 2026



WED | 29

12:00 PM - 1:00PM

**ONLINE
WORKSHOP**

Supporting the transition to secondary school: for parents/carers of autistic young people

WED | 05

12:00 PM-1:00 PM

**ONLINE
WORKSHOP**

Supporting the transition to secondary school: for parents/carers of ADHDers

WED | 12

12:00 PM-1:00 PM

**ONLINE
WORKSHOP**

Supporting your child's transition to secondary school

WED | 19

12:00 PM-1:00 PM

**ONLINE
WORKSHOP**

Supporting your child with fears and worries

WED | 26

12:00 PM-1:00 PM

**ONLINE
WORKSHOP**

Supporting restful sleep for your child



Scan the QR or use link to sign up <https://forms.office.com/e/d2DBvBruyi?origin=lprLink>