

ANTI-BULLYING WEEK 2025

**POWER
FOR
GOOD**

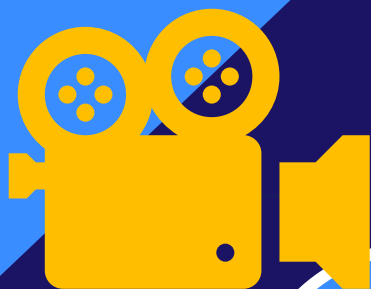
#ANTIBULLYINGWEEK

Monday 17th to
Friday 21st November

November



 ANTI-BULLYING
ALLIANCE



we are
empowering
young people



WHAT IS BULLYING?



Anti-Bullying Alliance's Definition:

The **repetitive, intentional hurting** of one person or group by another person or group, where the relationship involves an **imbalance of power**. Bullying can be physical, verbal or psychological.



It can happen face to face or online.

DISCUSSION



Why does bullying often involve an imbalance of power?

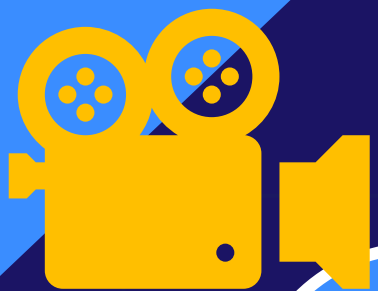


How might the person being bullied feel powerless?



How can bystanders reclaim power and use it for good?





The ringleader is the person that starts or leads the bullying



ROLES INVOLVED IN BULLYING



ANTI-BULLYING
ALLIANCE



CARDINAL POLE
CATHOLIC SCHOOL



'Outsider' or
Bystander'



'Target'



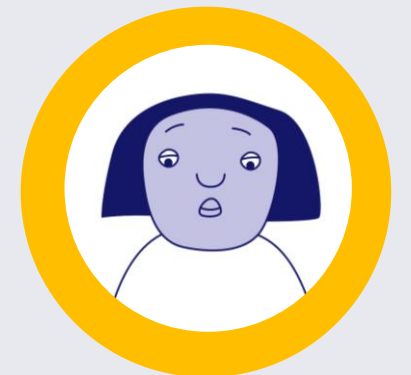
'Ringleader'



'Defender'

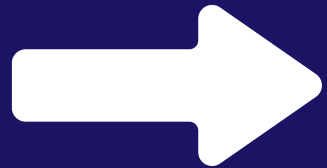


'Reinforcer'

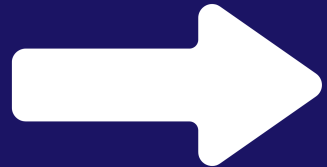


'Assistant'

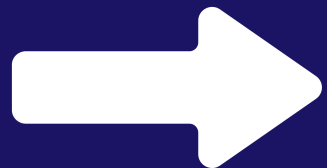
DISCUSSION



Have you seen these roles in real life?

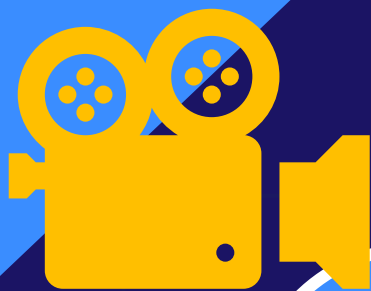


Where does the power lie in these roles?



Are these roles fixed or can they change?





DISCUSSION



➔ What kinds of power did the young people mention that we might not always notice?

➔ What risks might someone take by standing up to bullying?

➔ Is it realistic to expect young people to speak up?

➔ Whose voices are often left out, and how can we use our power to change that?



GROUP AGREEMENT ON POWER



CARDINAL POLE
CATHOLIC SCHOOL



KEY MESSAGES



How to report bullying;



That everyone has power they can use for good, and;



What other activities are taking place during Anti-Bullying Week.



We are all here to listen



Mr. Hall



Mr. O'Donoghue



Ms. Connolly



**Mr. McEvoy
(DSL)**



Ms. John



Ms. Toma



Mr. Rahman



Ms. Brennan



Mr. Read



Ms. Green



Mr. Tavares



Mr. Tisi



Ms. Joa-Longarrt



Ms. Mortimer



Mrs. Hussain



Ms. Duffy



Ms. Peczkowska



Ms. Hughes



Ms. Clauker



Ms. Walton



**CARDINAL POLE
CATHOLIC SCHOOL**

We are all here to listen



Mr. Da'Cunha



Ms. Wallace



Mr. Godwin-Martin



Mr. Wilson



Ms. Borroni



Mr. Rich



Ms. Freed



Mr. Adebisi



Ms. Kord



Mr. Obaseki



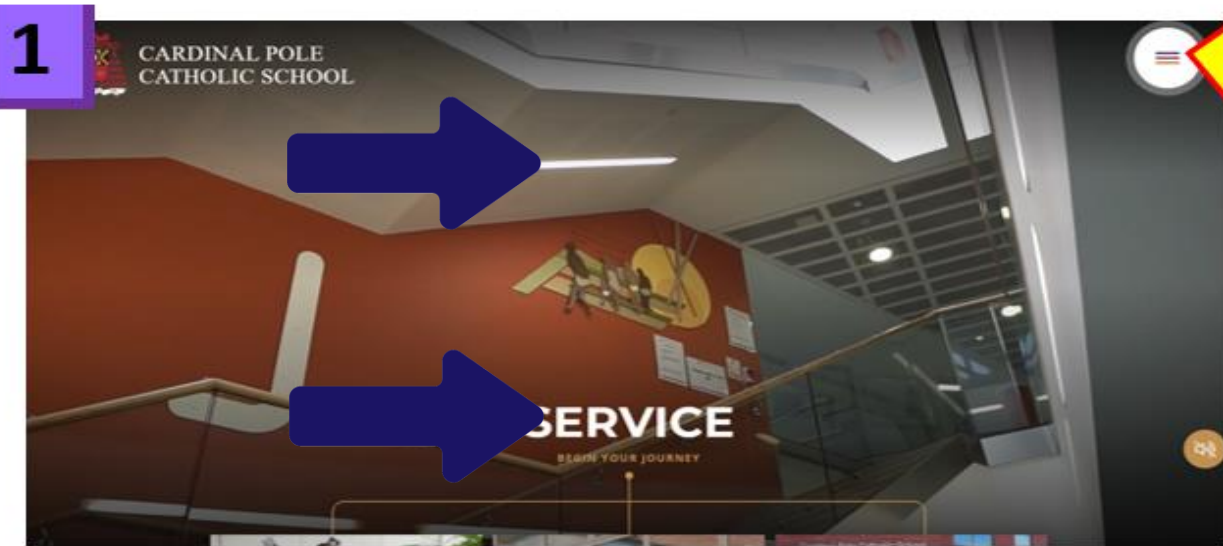
Mr. Cutteridge



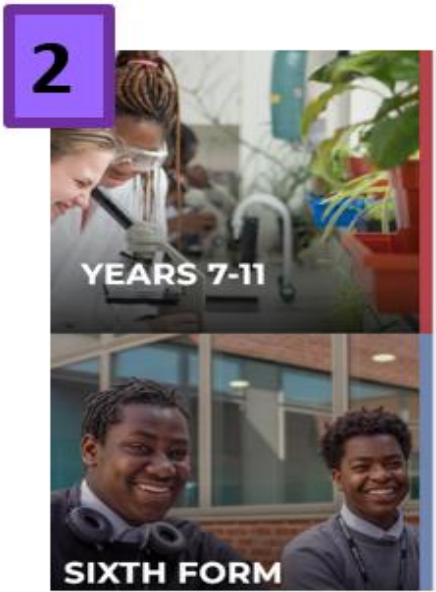
Mr. Adams



Website – Antibullying button ANTI-BULLYING ALLIANCE



CLICK HERE

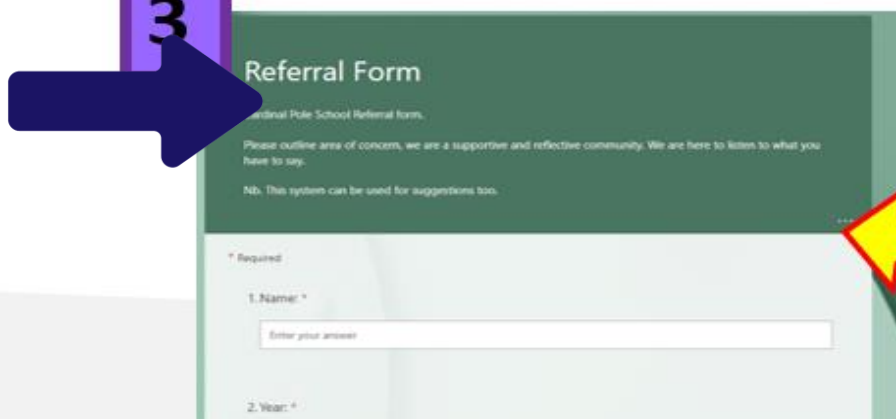


CLICK HERE



- HOME
- OUR SCHOOL >
- YEARS 7 - 11 >
- SIXTH FORM >
- ADMISSIONS >

3



Referral Form

Cardinal Pole School Referral form.

Please outline area of concern, we are a supportive and reflective community. We are here to listen to what you have to say.

Nb. This system can be used for suggestions too.

* Required

1. Name: *

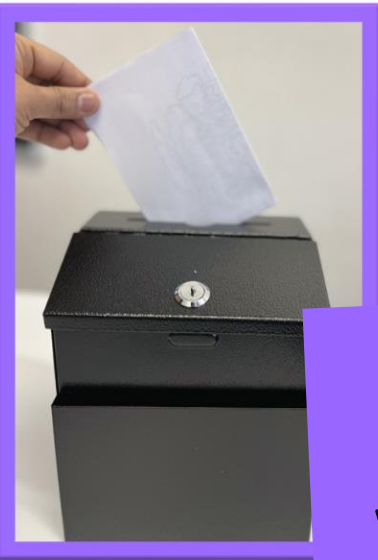
Enter your answer

2. Year: *

COMPLETE FORM



Suggestion Box



We have 5 suggestion boxes going up across the school.

These will be regularly checked

1. Reception 2. Outside Year 9 Office 3. Outside Year 10 Office 4. Outside Sixth Form Office 5. Library