

From playgrounds to parliament, our phones to  
our homes,  
Bullying hides, and in silence it grows.  
But voices are powerful, steady and true —  
This Anti-Bullying Week, the change starts with  
you.

Use your Power for Good to stand up, speak out,  
To challenge injustice, to cast away doubt.  
Online or in person, when something feels  
wrong,  
Each small action can help others stay strong.

Too often we pause, unsure what to do,  
But kindness is brave — and it starts with you.  
Young people, families, leaders — unite!  
Together, let's turn the darkness to light.

So, ask yourself now, and make it understood:  
*How will you use your Power for Good?*