

Wellbeing & Mental Health Support for Students during the Coronavirus

Source of Information & Support	Link to access support, advice and resources
Hackney Learning Trust	https://www.learningtrust.co.uk/sites/default/files/document/City%20and%20Hackney%20CAMHS%20support%20for%20young%20people.pdf https://coronavirusresources.phe.gov.uk/nhs-resources-facilities/resources/coronavirus-fact-sheet-children/
Young Minds	https://youngminds.org.uk/
Anna Freud Centre	https://www.annafreud.org/coronavirus-support/coronavirus/
Childline	https://www.childline.org.uk/get-involved/coronavirus-lockdown-extension/
Children's Society	https://www.childrensociety.org.uk/coronavirus-information-and-support
Children's Commissioner	https://www.childrenscommissioner.gov.uk/wp-content/uploads/2020/03/cco-childrens-guide-to-coronavirus.pdf
The Mix	https://www.themix.org.uk/
Young Hackney	https://www.younghackney.org/campaign/online-youth-hub/?medium=email&source=govdelivery
Kooth	https://www.kooth.com/
Children & Young People's Mental Health Coalition	https://cypmhc.org.uk/children-and-young-people/
Children's Commissioner	https://www.childrenscommissioner.gov.uk/wp-content/uploads/2020/03/cco-childrens-guide-to-coronavirus.pdf