



Cardinal Pole Catholic School

Extra- Curricular program 2024-2025

SUMMER



Over the year you will have access to **over 70** different extra-curricular activities



Extracurricular activities are important because:

- They help students explore their passions and career interests.
- Students develop real-life skills by participating in extracurricular activities
- Extracurriculars strengthen your college and university application by showing your talents, achievements, and involvement.
- It's easy to make friends through extracurriculars, as you meet people who share your interests and hobbies.
- They provide a break from school and a chance to have fun and relax.
- Participation in extracurriculars is linked to higher academic performance, as students learn to balance their time and prioritise their tasks.

Be sure to look out for...

- Athletics
- **PSG Football**
- **Book Club**
- **STEM**
- **Basketball before school!!!**
- **Cooking Club**
- **Rock band**
- **Coding Club**
- **Embroidery Club**



Study Space

- A reminder that there is a staffed study space for students in both KS3 and Ks4.
- Study Space is open for students on a Monday-Thursday

Ks3 – Room F013

Ks4- Room J113



Expectations

- It is expected that all students take part in at least two extracurricular activities this term.
- Sign up is via Evolve – your parents will be sent a sign-up email link and frequent reminders.
- Do not sign up for more than two activities a week.
- There are great activities on offer, so be sure to look at the programme carefully before you choose.



Girls Basketball Year 7-10

Wednesday Morning
Basketball Mr Power
7.30-8.20am

Fridays
3.00 – 4.00 pm
Sports Hall
Hackney Jedi Basketball Club
Coaches





Senior Basketball Year 10 13 Boys and Girls

Tuesdays 4.00 – 5.00pm & Fridays 4.00 – 6.00pm

Sports Hall

Hackney Jedi Basketball Club Coaches



Boys Basketball Year 7-9

Tuesdays

3.00 – 4.00 pm

Sports Hall

Hackney Jedi Basketball Club Coaches

Friday Morning Basketball

Mr Power

Y7-8 Boys

7.30-8.20am



Boys Basketball Year 9-11

Thursday Morning Basketball

Mr Power

7.30-8.20am

Y7-10 Girls Football Session with PSG

Wednesdays 3.15 – 4.15pm

Astro

PSG Coaches

NEW PARTNERSHIP



Y7 Boys Football Session with PSG

Fridays 3.15 – 4.15pm

Astro

PSG Coaches

NEW PARTNERSHIP



Y9-11 Boys Football Session with PSG

Tuesdays 3.15 – 4.15pm

Astro

PSG Coaches

NEW PARTNERSHIP



Y8-9 Boys Football Session with PSG

Thursdays 3.15 – 4.15pm

Astro

PSG Coaches

NEW PARTNERSHIP



Girls Netball

Mondays 3.00 – 4.00pm
Years 7-8
(Invitation Only)



Wednesdays 3.00 – 4.00pm
Years 9-11

Thursdays 3.00 – 4.00pm
Years 7-8





Fitness- Gym

MUST BRING PE KIT

WED	THU	FRI
Fitness 3-4	Fitness 3-4	Fitness 3-4

Extra-Curricular offer



CARDINAL POLE
CATHOLIC SCHOOL

KS3 Study Space - Year 7 and 8	Everyday	15:00 - 16:00	TA	F019
KS4 Study Space - Year 9,10 and 11	Everyday	15:00 - 16:00	TA	J113
Chess Club	Everyday	12:45 - 13:15	Mr. Bielicki	T028
Coding Club	Mon	12:45 - 13:15	Ms. Imo	J114
Year 7 Bible Study	Mon	12:45 - 13:15	Ms. Fernandes	F013
Senior Gym	Mon	15:00 - 16:00	PE Department	gym
Maths Club	Mon	15:00 - 16:00	Math's Department	J113
GeoFlix (Film Club)	Mon	15:00 - 16:00	Geography Department	T031
Netball Year 9-11	Mon	15:00 - 16:15	Ms. Walker	Sports hall
Junior Choir - Year 7,8&9	Tue	12:45 - 13:15	Ms. McElroy	Music Room
Olympic Weightlifting	Tue	15:00 - 16:00	Mr. McDaid	Gym
Basketball - Year 7-9 (Hackney Jedis)	Tue	15:00 - 16:00	Mr. McDaid	sports hall
PSG - Year 9-11	Tue	15:00 - 16:15	Mr. McDaid	Muga
Basketball - Senior Basketball (Hackney Jedis)	Tue	16:00 - 18:00	Mr. McDaid	Sports hall
Basketball (Morning) - Girls Basketball	Wed	07:30 - 08:20	Mr. Power	Sports hall
MFL Study Club	Wed	15:00 - 16:00	MFL Department	F014
Chess Club (Afterschool)	Wed	15:00 - 16:00	Mr. Bielicki	T128
Cooking	Wed	15:00 - 16:00	Ms. Kord	Food Room
PSG - Girls	Wed	15:00 - 16:15	Ms. Walker	Muga
Basketball (Morning) - Year 9-11	Thu	07:30 - 08:20	Mr. Power	sports hall
Senior Choir	Thu	12:45 - 13:15	Ms. McElroy	Music Room
Philosophy Club	Thu	12:45 - 13:15	Mr. Tamas	T126
Embroidery and Cross-stitch	Thu	12:45 - 13:15	Ms. Hargreaves	J202
Duke of Edinburgh	Thu	15:00 - 16:00	Mr. McDaid	T031
Rockband	Thu	15:00 - 16:00	Mr. Bielicki	T120
PSG - Boys Year 8 and 9	Thu	15:00 - 16:15	Neil McDaid	Muga
Basketball (Morning) - Year 7-8 Basketball	Fri	07:30 - 08:20	Mr. Power	sports hall
Basketball - Girls (Hackney Jedis)	Fri	15:00 - 16:00	Mr. McDaid	sports hall
PSG - Boys Year 7	Fri	15:00 - 16:15	Mr. McDaid	Muga