



Extra- Curricular program 2024-2025

Autumn term 1:2



Over the year you will have access to **over 70** different extra-curricular activities



Extracurricular activities are important because:

- They help students explore their passions and career interests.
- Students develop real-life skills by participating in extracurricular activities
- Extracurriculars strengthen your college and university application by showing your talents, achievements, and involvement.
- It's easy to make friends through extracurriculars, as you meet people who share your interests and hobbies.
- They provide a break from school and a chance to have fun and relax.
- Participation in extracurriculars is linked to higher academic performance, as students learn to balance their time and prioritise their tasks.

Be sure to look out for...

- Hockey
- PSG Football
- Book Club
- STEM
- Basketball before school!!!
- Cooking Club
- Rock band
- Coding Club
- Embroidery Club



What you need to know

- The programme starts the week beginning **Monday 18th November.**
- No clubs during Christmas break.
- This is an opportunity to try something new.
- Most clubs are straight after school but there are some lunchtime clubs and before-school clubs.



Study Space

- A reminder that there is a staffed study space for students in both KS3 and Ks4.
- Study Space is open for students on a Monday-Thursday

Ks3 – Room F013

Ks4- Room J113



Expectations

- It is expected that all students take part in at least two extracurricular activities this term.
- Sign up is via Evolve – your parents will be sent a sign-up email link and frequent reminders.
- Do not sign up for more than two activities a week.
- There are great activities on offer, so be sure to look at the programme carefully before you choose.





Cardinal Pole 50

This year there is an expectation for students to complete 50 extra-curricular hours.

Extra-Curricular Reward Structure		
Cardinal Pole 50 Extra Curricular Award	50 sessions	Certificate, Text home and Extra Curricular badge
Cardinal Pole 50 Extra Curricular GOLD Award	75 sessions	Certificate, Text home, Extra Curricular badge (GOLD) and Amazon Voucher
Cardinal Pole 50 Extra Curricular Platinum Award	100 sessions	Certificate, Text home, Extra Curricular badge (Platinum) and Rowans Bowling Trip

Extra-Curricular offer



CARDINAL POLE
CATHOLIC SCHOOL

KS3 Study Space - Year 7 and 8	Everyday	15:00 - 16:00	Mr. Stewart	F019
KS4 Study Space - Year 9,10 and 11	Everyday	15:00 - 16:00	Mr. Stewart	J113
Chess Club	Everyday	12:45 - 13:15	Mr. Bielicki	T028
Coding Club	Mon	12:45 - 13:15	Ms. Imo	J114
Year 7 Bible Study	Mon	12:45 - 13:15	Ms. Fernandes	F013
Senior Gym	Mon	15:00 - 16:00	Ms. Garnham	gym
Maths Club	Mon	15:00 - 16:00	Math's Department	J113
GeoFlix (Film Club)	Mon	15:00 - 16:00	Geography Department	T031
Hockey with Mr. Crossley	Mon	15:00 - 16:00	Mr. Crossley	Muga
Netball Year 9-11	Mon	15:00 - 16:15	Ms. Walker	Sports hall
Junior Choir - Year 7,8&9	Tue	12:45 - 13:15	Ms. McElroy	Music Room
Olympic Weightlifting	Tue	15:00 - 16:00	Mr. McDaid	Gym
Basketball - Year 7-9 (Hackney Jedis)	Tue	15:00 - 16:00	Mr. McDaid	sports hall
PSG - Year 9-11	Tue	15:00 - 16:15	Mr. McDaid	Muga
Basketball - Senior Basketball (Hackney Jedis)	Tue	16:00 - 18:00	Mr. McDaid	Sports hall
Basketball (Morning) - Girls Basketball	Wed	07:30 - 08:20	Mr. Power	Sports hall
MFL Study Club	Wed	15:00 - 16:00	MFL Department	F014
Year 7-8 Gym	Wed	15:00 - 16:00	Mr. Crossley	gym
Chess Club (Afterschool)	Wed	15:00 - 16:00	Mr. Bielicki	T128
Year 10 Flame	Wed	15:00 - 16:00	Ms. Fernandes	J112
Cooking	Wed	15:00 - 16:00	Ms. Kord	Food Room
PSG - Girls	Wed	15:00 - 16:15	Ms. Walker	Muga
Basketball (Morning) - Year 9-11	Thu	07:30 - 08:20	Mr. Power	sports hall
Senior Choir	Thu	12:45 - 13:15	Ms. McElroy	Music Room
Philosophy Club	Thu	12:45 - 13:15	Mr. Tamas	T126
Embroidery and Cross-stitch	Thu	12:45 - 13:15	Ms. Hargreaves	J202
Duke of Edinburgh	Thu	15:00 - 16:00	Mr. McDaid	T031
Rockband	Thu	15:00 - 16:00	Mr. Bielicki	T120
PSG - Boys Year 8 and 9	Thu	15:00 - 16:15	Neil McDaid	Muga
Basketball (Morning) - Year 7-8 Basketball	Fri	07:30 - 08:20	Mr. Power	sports hall
Basketball - Girls (Hackney Jedis)	Fri	15:00 - 16:00	Mr. McDaid	sports hall
PSG - Boys Year 7	Fri	15:00 - 16:15	Mr. McDaid	Muga

Sign up for Clubs opens tonight

- Your parents will receive a link via Evolve to sign up for extra-curricular clubs for the next half term



S O A R

SERVICE OPPORTUNITY ASPIRATION REWARD

