Cardinal Pole Catholic School
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29th June 2023
Dear Parents/Carers,

## CARDINAL POLE OLYMPICS Year 10. Thursday 6th July 2023 at Mabley Green, E9 5HW

The Cardinal Pole Olympics day takes place this year on Thursday 6th July 2023 beginning at 9am and ending from 2.30 pm. Given the expected hot weather, please ensure that your child has a water bottle, sun cream and appropriate clothing. If your child is asthmatic, please ensure they have their inhaler. All students must have up to date medical information on their record so please contact the school if this has changed.

## All year 10 students will need to make their own way in the morning and arrive at Mabley Green Astro no later than 9am.

Students will line up in their form groups and be registered. We aim to start the activities at 9.40am, we expect to be finished and start to dismiss students from 2.30 pm . Students can make their own way home from Mabley Green and are expected to go straight home.

Students will be taking part in several sporting activities throughout the day, sun cream will be available and there will be plenty of opportunities to refill their water bottles.

## Kit

Students must wear the correct school PE kit on the day. They must wear their black Cardinal Pole PE shirt, black shorts or jogging bottoms, black socks and suitable footwear. (No metal studs/spikes). No football shirts will be permitted. Please limit your child to one bag/holdall. All participants in Futsal must wear shin pads.

## Water/Food

Students should bring a suitable packed lunch, snacks and plenty of drinking water. If your child is entitled to free school meals, they will be provided with a school packed lunch.

I know that this event is popular with staff and students alike but students that do not attend without parental notification will be regarded as truancy.

I wish all those who are competing the best of luck and hope that they enjoy the day.
Yours sincerely,

Mr McDaid
Director of Sports

