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## www.cardinalpole.co.uk

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23<sup>rd</sup> February 2021

Dear Parent/Carer,

## **ACTIVITIES FOR THE LENTEN SEASON**

With the Lenten season approaching we are looking forward to bringing back our yearly Lenten observances as a school community. Therefore we are once more sending our annual 40 Acts of Lent for our pupils to go through to help them in preparation for the celebration of Easter. We have also shared a short introduction to Lent video for pupils to watch via Show My Homework.

Each week will contain a number of short reflective, charitable or ascetic practices for pupils in line with the observances of **praying**, **fasting** and **giving** which the Church promotes during this season, along with the usual parents' chaplaincy newsletter found on the school website. These are designed to help our students stay in touch with the catholic life of the school virtually, whilst unable to do so on site. As a school community, we will continue to observe key events and activities including:-

• Family Fast Day on Friday 26<sup>th</sup> February 2021 when we will be collecting for those on site for the Catholic Children's Society, Caritas and CAFOD.

As our students return, we will be engaging them in our charitable activities such as the Lenten Food Bank collection, as well as prayer, in preparation for Holy Week (week commencing Monday 29<sup>th</sup> March 2021).

We hope you have a blessed and fruitful Lenten period and look forward to praying with you through these shared acts of lent.

Yours sincerely,

The Chaplaincy Team

