

Preparation for Year 10 exams

“The best preparation for tomorrow is doing your best today”

Why are we doing an exam week?

What are the 4 steps you need to nail this?



1. Plan Ahead- Understanding the task ahead

Before you do any work, sit down and plan what you are going to do between now and the exams. It is often a good idea to revise the areas you find most difficult first – get them out of the way and build your confidence in the subject. Creating a timetable is always a very useful as your time is now precious, so make it work for you. Starting early will give you the stress free ‘little and often’ approach. In other words planning not cramming. **An electronic copy is available on SMH**

Date	Session 1	Session 2	Session 3
Monday	History- focused on completion of 9 mark questions Germany – need to complete practice questions	Maths- focused on number- need to focus on Area	Completed outstanding SMH Geography consolidation activities
Tuesday	Maths - Probability		Complete outstanding French SMH Consolidation activities
Wednesday	Geography	Maths- focused on area- need to focus on Maths watch 49	
Thursday	English	Science – work on biology past paper – need to complete additional questions	
Friday	RE – study of marriage in a global context		

2. Analyse Weakness- What don't I understand

Look at the topic areas you find problematic. You have allocated time in each subject but have you concentrated on what you know or find easy. Judge for yourself where your weaknesses in that subject are and RAG them.

Concentrate on the Amber and Red concerns and review and RE – RAG them after a few days study. Use your comment function on SMH to ask your teacher to cross check what is required.

Topic	Formulas
Quadratic equations	
Area	
Probability	

RAG the topics you have written down **RED/AMBER/GREEN**

3. Condensing learning

Look at the work you have completed. Your task is to make break them down into pieces of information you remember especially in subjects like English , History and Geography. Make your own revision cards that bullet point the key



Put the topic title here

Summarise the information here.

Use the back to list a few key points to remember

Rewriting all your work as revision will **not** be helpful.

You need to be able to read through the information and **identify** the key information.

Break up the information into memorable **CHUNKS!**



In the morning, Greg went shopping at TK Maxx. He bought trainers, a new tracksuit and a nice pink hat for his sister.

In the afternoon, Greg played football at Claris Park with his friends.

He was so busy that there wasn't any time left to do his homework, which didn't bother him much.

What is the theme?

What are the main ideas?

What are the details?

Details are connected to the theme in three main ways:

Explain: What, why, when, where, how and who

Example: For example, such as, for instance...

Expand: However, but, therefore, except, also etc.

STEP

2

Condense it

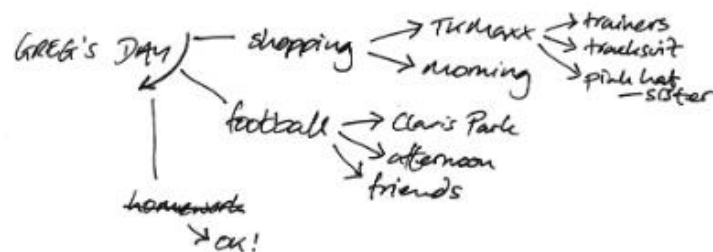
Look at how Greg's Day has been condensed in the examples below. Either style shows the links between the information and gives you an opportunity to be creative rather than reading or writing out paragraphs!

GREG'S DAY

1) Greg goes shopping
 @ TK Maxx
 @ morning
 ? buy things
 - trainers
 - tracksuit
 - pink hat
 → sister

2) Played football
 @ Claris Park
 & with friends

3) No time for homework
 → didn't bother him!

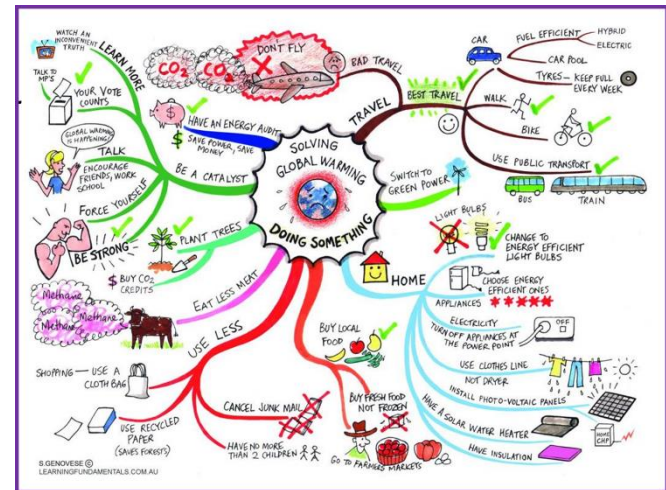
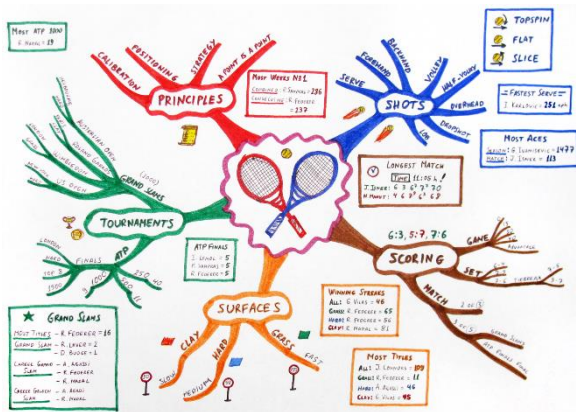


Other revision strategies for Memorisation



Strategy 1: Mind Maps

Mind maps are a great way of remembering key information needed in your exam especially for large topics



Other revision strategies for Memorisation

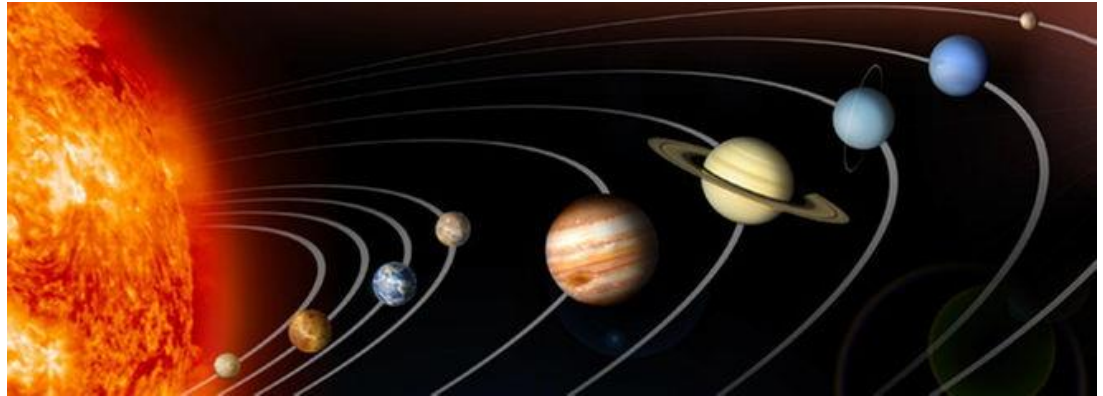


Strategy 2: Mnemonics . . .

Mnemonics are a great way of remembering key information needed in your exam.

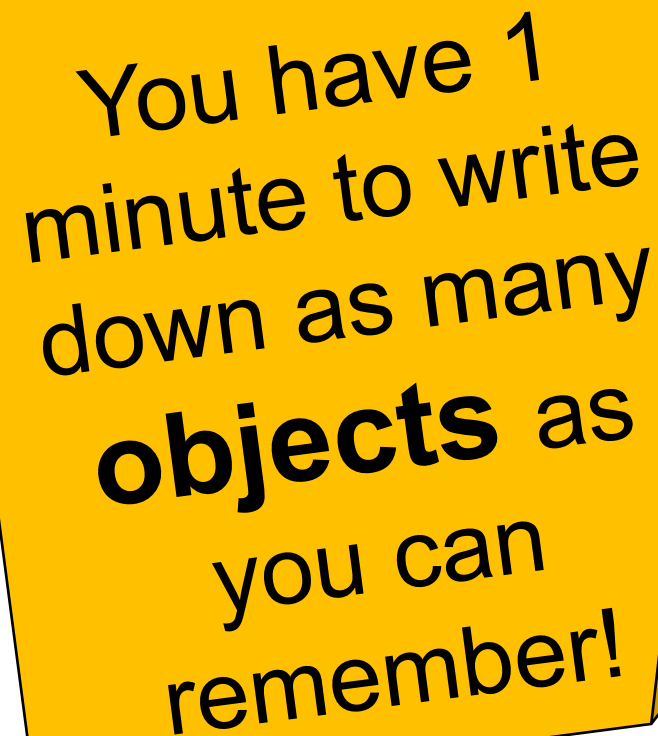
**My Very Educated Mother Just Served Us
Nine Pizzas**

Guess what this
mnemonic is
for . . .



Mercury Venus Earth Mars Jupiter Saturn Uranus Neptune Pluto

Other revision strategies for Memorisation



You have 1
minute to write
down as many
objects as
you can
remember!

Strategy 3 the Memory Game

Think about how you can remember diagrams, chemical equations or Key words. After you have completed this for the objects test it on what you need to know

Now lets try a
memory technique
to see whether you
can **remember**
more objects.

Remember you can do this for key words,
chemical symbols and diagram

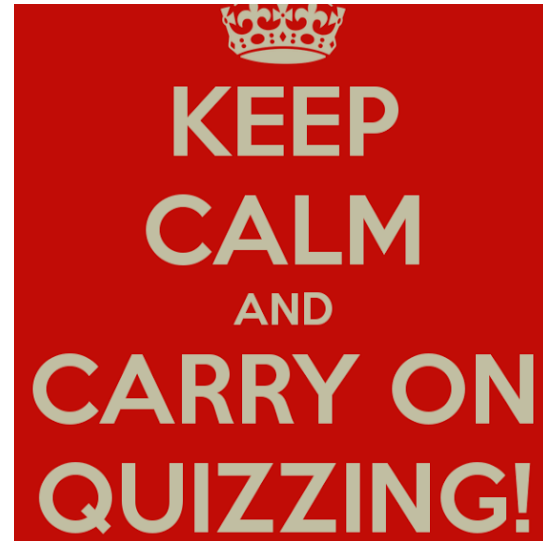


You have **1 min** to try and *remember* as many objects as possible!

Remember there are lots of different methods for remembering. Choose the one that you think is the most effective



Just a minute



Quizzing

Remember try and keep this fun

In drawing up your plan remember.



It's been proven that **exercise** can boost your memory and brain power. There is evidence that about *20 minutes* exercise before an exam can improve performance.

Speak Out Loud Instead of Simply Reading

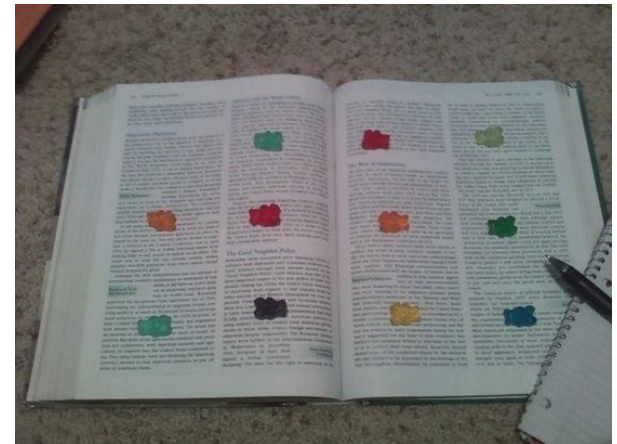
Although this may make you look a little crazy, give it a go! You will be surprised how much more you can remember when you've said it out loud.



Tips

Reward Yourself With A Treat

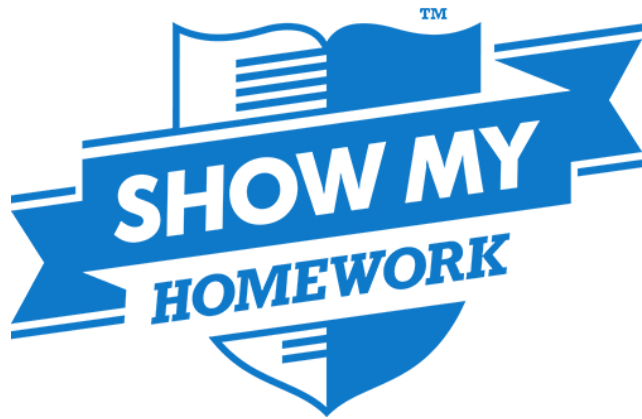
There are many ways to integrate a reward system into your study habits. Here's a simple way to motivate yourself to study with Gummy Bears:



Take Regular Study Breaks

When your brain is working, you need to take regular study breaks to help your brain absorb more information but also to keep you motivated and focused when you are working. Take a short break after 45-50 minutes study as your focus and concentration will become impaired after this period, anything new after 1 hour 30 minutes does not go in.

Finally – Test yourself!!! – There are a huge range of revision activities on SMH. Past papers and Consolidation tests. Review your learning and go back over the process above



Put simply – THEN REPEAT

