

DESIGNER FITNESS

GYM DESIGN & BUILD

Design 3—Cardinal Pole School

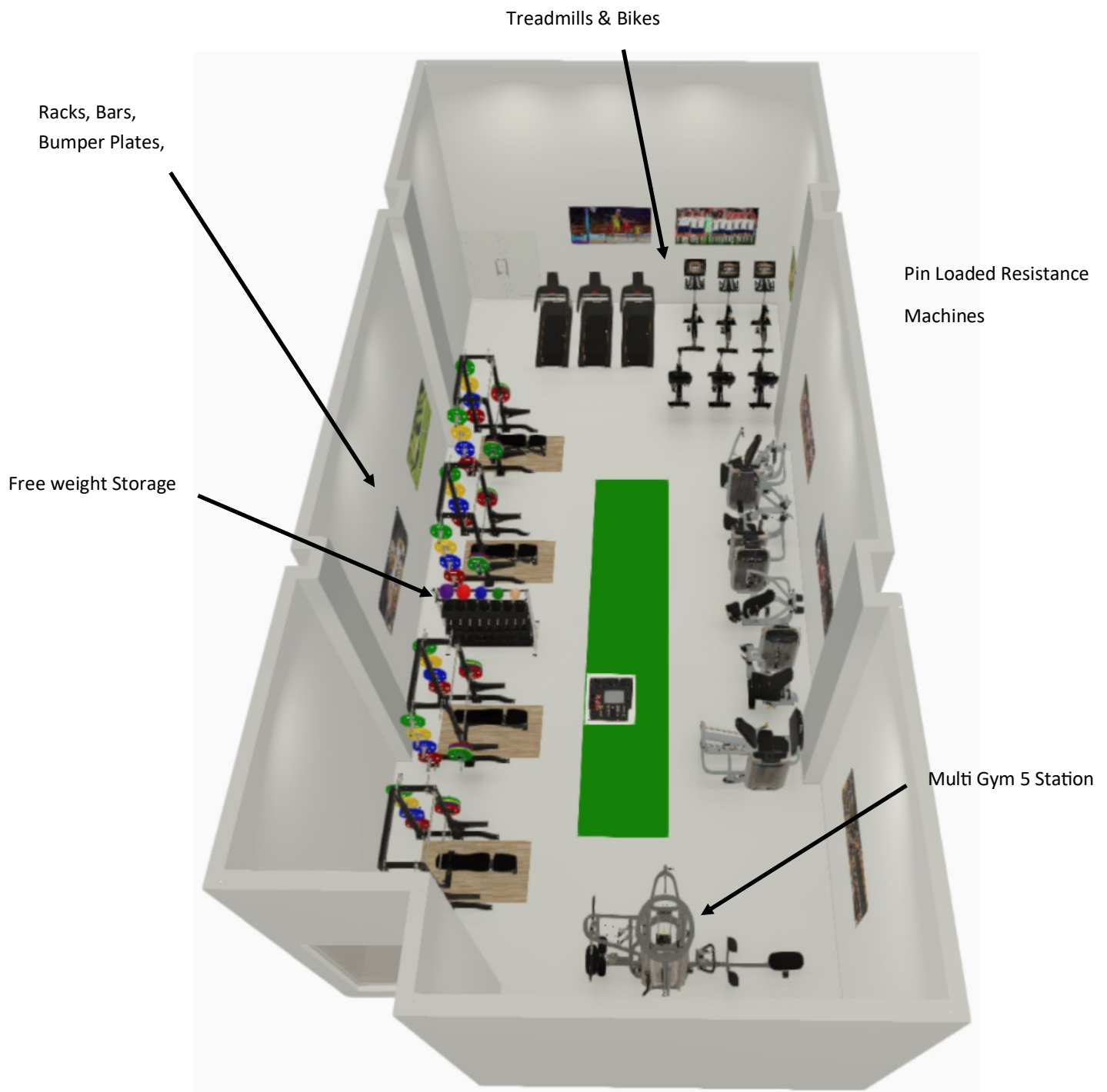
Key Design Elements:

Free Weights—X4 Racks with Platforms and 3 tier DB storage

Pin Resistance Isolated machines Leg Press, Leg Ext/Curl, Chest Press, Shoulder Press, Low Row, Lat Pull

Cable Resistance Multi Gym – X4stations Row, Pull, Bicep/Tricep etc

Cardio: x3 Treadmill & X6 Spin Bike



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Matrix

Cardio & Strength



Durability and reliability have long been the hallmarks of Vision treadmills. The new T600 expands on these strengths with a fresh streamlined design, extra robust frame, larger running surface and more powerful motor. Users will appreciate the crisp, bright display with simple workout feedback and programming.

- Powerful 4.2 hp AC dynamic response drive system delivers smooth and reliable performance
- The 55.4 cm (22") wide extra-large running surface accommodates a wide range of users
- Prewaxed belt and commercial-grade, reversible deck extend treadmill life
- Heavy-gauge steel welded frame enhances durability
- Nine preset programs, including heart rate training, offer variety

Matrix Spin Bike



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Matrix Strength

Dual: Rear Delt / Fly



Dual: Multi Press



Dual: Chin / Dip Assist



Dual: Leg Press / Calf



Dual: Leg Ext / Leg Curl



G5 Multi Station Cable



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Exigo Half Rack Free Standing

Olympic Bar

150KG Bumper Plates & Collars

Exigo Adjustable Bench

(X4)



BLK 3 tier storage x2 1.8m

