



Cardinal Pole School PSHE Programme

Participation of the PSHE Programme is the responsibility of designated PSHE teachers to deliver content in which they specialise. Cardinal Pole School firmly believes in the development of the whole student beyond academia to promote the spiritual, moral and cultural awareness of students in order to enable students to become responsible and informed citizens. PSHE plays a central role in this process.

1. A programme has been created by the PSHE co-ordinator (KBR) and team to ensure PSHE guidance is being met. This has been built upon the PSHE Association Statutory Guidance and will be reviewed and adapted on a regular basis. Learning walks will also be regularly scheduled to monitor the standard of PSHE delivery
2. Resources are readily available in the staff shared area for PSHE staff and teaching staff at the school. These include resources which have been approved by the PSHE association and trusted organisations such as Stonewall and Barclays Life Skills.
3. Topics have been divided into three overarching categories: Living in the Wider World, Relationships (Inc. RSE) and Health and Wellbeing. Citizenship is included within the PSHE curriculum and the overall aim of PSHE is to enable students to keep themselves safe and to become responsible citizens during and after their time in school. The PSHE programme should also be carried out with the aim of helping our students to be happy, responsible and well-rounded individuals.
4. As a result of the PSHE programme students should:

- a) Have an understanding as to how citizens can influence and be a part of the democratic process in Britain.
 - b) An appreciation that living under the law protects individual citizens and is essential for their well-being and safety.
 - c) An understanding that that the freedom to hold their faiths and beliefs is protected by law (through an emphasis of teaching the Equality Act of 2010)
 - d) To understand that discrimination on any level is not acceptable and how to celebrate differences in society
 - e) To be able to identify high risk situations and know how to remove themselves from the situation (emphasis on the dangers of drugs, knives and gangs)
 - f) To be able to identify sexual exploitation/ abuse and where to seek help
 - g) To understand the importance of physical and mental health. To be able to identify when an individual needs help with their physical / mental health and where to seek aid.
 - h) To be able to understand how to effectively budget and plan for their future careers beyond school
5. Whilst the PSHE Curriculum plan has been created by the PSHE co-ordinator and team, PSHE teachers are able to adapt the lessons to suit the needs of their students (e.g. SEN). A variety of activities are promoted (such as visual, oral, written and drama based) and writing structures have been provided for longer written tasks. Students who may be at risk or identified as vulnerable for particular topics will be passed on by the HOY and suitable arrangements to be made for them.

6. Behaviour expectations within PSHE lessons remain the same as those in core school subjects. School behaviour systems abiding by ROW and GO are to be followed. Any form of discrimination or malicious behaviour will not be tolerated, and expectations are to be made clear at the beginning of each PSHE rotation.
7. Staff rotation schedule is to be stored on the shared area to demonstrate what topics have been covered. PSHE exercise books are to be monitored by KBR through book looks each term.
8. PSHE teachers and students are encouraged to feedback on PSHE lessons/ external sessions to improve the PSHE course. Parents/ guardians will be informed of what students are to be learning for the academic year through letters home and the Cardinal Pole website.
9. A PSHE programme is in place for sixth form. Students will have a PSHE lesson once per week with PSHE staff on rotation and external speakers where appropriate.
10. Teachers are to ensure that they keep personal political views separate from class discussion and that this does not interfere with PSHE delivery. PSHE lessons should aim for a balanced, open-minded culture and an understanding by students that opposing views should be respected.