



Parents' Newsletter

Autumn 2017

Dear Parents/Carers,

Summer seems a long time ago as the half term comes into view. It has been a busy time and there is a great deal to be proud of.

We continue to build on its year-on-year success and this year our students have enjoyed yet another set of record breaking results. Our excellent results reflect the commitment of our students, supported by staff and parents. Our A Level results remain amongst the highest in Hackney, enabling pupils to secure places at the most prestigious universities in the country. Almost 30% of our students secured places at Russell Group universities with many more securing places at other top universities.

I am delighted to also report that the students and staff rose to the challenge of curriculum and assessment change, producing excellent value added. At GCSE our Progress 8 was an exceptional 0.62 and top 3% nationally. The GCSE Maths results at 71% C grade equivalent and above, in line with last year's well above national results and national average this year, English results at 74% C grade equivalent and above was significantly higher than last year and higher than national this year. Other subjects secured continued success, exceptionally with Drama at 95%, Art at 94%, Computer Science at 100%, Business Studies, Geography, History and Science additional all securing 70% or more A*- C grades.

We have also had our new Library signed over to us with additional classrooms (see photos overleaf), which will provide state of the art independent study facilities for our students.

KEY DATES - October 2017

Please see below some important dates for your diary. These dates also include the arrangements for our return in September, a letter with the full details has also been sent out.

KEY EVENTS	DATE
Inset Day - selected Year 11 & 13 students in school	Friday 20th October 2017
Return to School after Half Term	Monday 30th October 2017
All Saints Day — Registration 10.40am	Wednesday 1st November
Sixth Form Open Evening	Thursday 9th November 2017
Remembrance Day	Saturday 11th November 2017



J. Heffernan



Cardinal Pole Catholic School



EXTENSION

Councillor Bramble visiting our new library and classrooms. This will be ready for use after half term with an Official Opening Ceremony taking place in November!



CATHOLIC LIFE

Fundraising 2017

The whole school fundraising has been amazing this term, with various activities being organised, including a number of cake sales.

Students have raised £761 for the Grenfell Tower Appeal and £512 for the Hurricane Appeal—Well Done!!



2016/17
Over £6,000
raised!!!

Catholic Children's Society (Westminster)

Making A Difference



73 St Charles Square
London
W10 6EJ

Tel: 020 8969 5305

Fax: 020 8969 1464

Email: info@catholicchild.org.uk

www.catholicchild.org.uk

Ms Jane Heffernan
Cardinal Pole Catholic School
205 Morning Lane
LONDON
E9 6LG

Dear Jane

Grenfell Tower Fire

Thank you so much for your generous donation of £761 toward the Grenfell Tower Fire Crisis.

We have been working with local schools and educational psychologists in the Royal Borough of Kensington & Chelsea to support staff, children and families affected.

Through our Crisis Fund we are providing emergency financial aid to families awaiting official help. This has especially benefitted those without local authority support.

We are also increasing the level of our services in local schools to ensure we meet the emotional and psychological needs of children affected.

Please pass on our sincere thanks to your staff, pupils and parents for all their support.

With best wishes,

Yours sincerely

Dr Rosemary Keenan
Chief Executive Officer

Thank you for your continued support. Wishing you all the best for the new academic year.

Cc: James Ryan

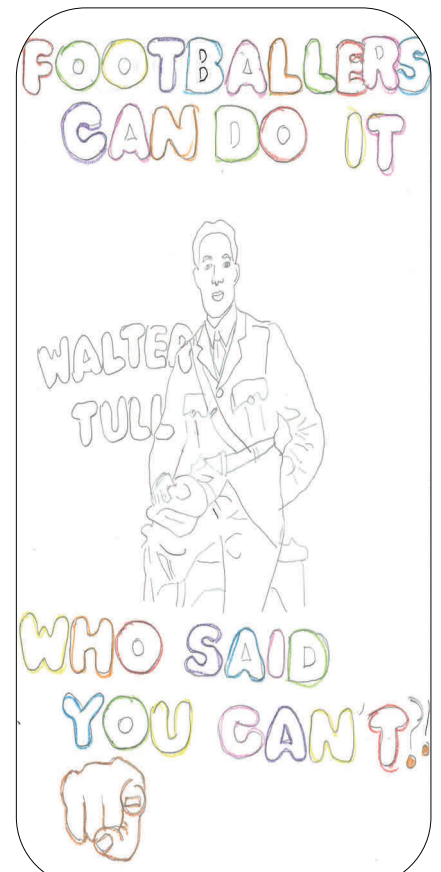
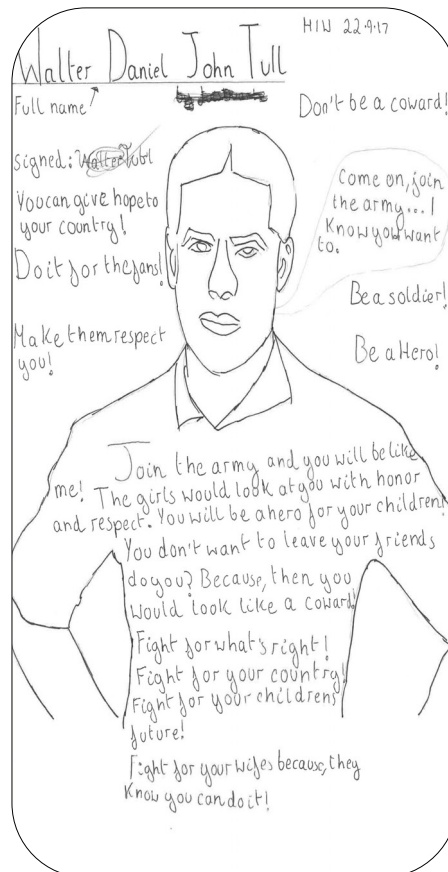
Head Office: 73 St Charles Square, London, W10 6EJ. T: 020 8969 5305. F: 020 8969 1464
President: Cardinal Vincent Nichols - Vice President: Archbishop Peter Smith - Chief Executive and Company Secretary: Dr Rosemary Keenan. SIC: 05412453/02099 Max 1000 FTSE
A company limited by guarantee No. 85235 - Registered Charity 210920

HISTORY DEPARTMENT

Year 9

Year 9 have been remembering the contributions made by the 1st Football Battalion, formed in 1914, who fought on the Western front in the First World War. We have been looking particularly at the contribution of Spurs Veteran, Walter Tull, who became Britain's first black commissioned officer. An orphan who narrowly avoided the workhouse, Tull rose to be a shining star of the Football League from Clapton to Spurs and then to Northampton before rushing to join the army with millions of other men in 1914. Overcoming racism in an army which insisted that officers be of 'pure European descent' and the trauma of shellshock in 1915, he rose through the ranks of the army, impressing both his commanders and those he commanded. To find out more, ask Year 9 historians!

Ms E Connolly —Assistant Headteacher



STUDENT LIFE

Bikeability

Year 7 and 8 have been taking part in the Bikeability Course every Tuesday during PE. The students have the pleasure of learning how to ride a bike efficiently, learning how to maintain and look after a bike and be safe when riding in the streets. The course will last for 5 weeks and the students will receive a Certificate Level 1 at the end.

Mr A Akinola - Pastoral Support Manager for Year 8



GCSE TO A LEVEL LEAP

SICKLE CELL MENTORING

MAKE THE LEAP!

The jump from GCSEs to Post-16 life is the greatest leap you will ever face in your education. You are expected to work at school or college independently, without much supervision. This means you are in control of the direction you take and now is your chance to thrive!

In order to become a great independent learner you need to:

- Set Goals
- Be Self-Motivated
- Be Organised
- Know How to Look After Yourself
- Rise to the Challenge

SET GOALS

It is time to start thinking long-term about who and where you want to be after sixth form or college. Visualise what it will look and feel like, then write your final goal on a piece of paper and place it somewhere prominent. This will help you see the bigger picture when you are studying hard and keep you motivated.

If you don't know what you want to do after education, that's totally normal!

Think about yourself in three years time and then ask yourself these three questions:

- What will I have achieved in three years time?
- What will my day-to-day life look like?
- What will my friends and family say about me?

BE SELF-MOTIVATED

Now that you are independent, your time and learning is your own. What you do and how you will do it is down to you, and only you. It is easy to be distracted or waste study time, especially when you are enjoying your freedom! Don't forget the bigger picture and your end goal.

BE ORGANISED

Use your diary or study planner to keep track of what you have to do and when. A great time management trick is ABC/123. A is urgent, B can be done in the next few days, C can wait for a week or so. You then rank your A tasks from 1-3, 1 being the most urgent. This way you can prioritise your workload easily and quickly.

There's a ton of great apps too, that create alerts and reminders on your phone.

KNOW HOW TO LOOK AFTER YOURSELF

Studies show that sleep plays a critical role in memory consolidation and helps the learning process. Ensure you get a good night's sleep!

Eating well and drinking lots of water will help you keep alert, as well as, feel less tired and irritable.

If things get too much and you feel overwhelmed don't be afraid to talk to people you trust – teachers, friends and family. There

RISE TO THE CHALLENGE

Sometimes the going gets tough, things can be difficult and mistakes are made. This is a normal part of life and the learning process. Remember, you can handle anything that comes your way.

SICKLE CELL SOCIETY

MENTORING SCHEME

For 10-24 year olds living with sickle cell in Hackney and City

Sign up for FREE support and advice in our one to one mentoring sessions led by peer mentors (June, Whitney and Michael), all of whom have sickle cell themselves.

TO BOOK YOUR FIRST SESSION:
MENTORS@SICKLECELLSOCIETY.ORG
07377 170152

PE DEPARTMENT

Athletics Competition at the Olympic Park

The iconic Queen Elizabeth Olympic Park saw Mo Farah, Jessica Ennis-Hill and Greg Rutherford sprint to glory. The same venue that saw our very own Cardinal Pole GCSE PE students set the track aflame on Wednesday 20th September 2017.

The spectacular afternoon involved our students learning to move the relay baton at lightning speed; launch the aero howler into space; and propel themselves over the long jump sandpit. Although, students did not beat world records we were victorious in a 100m relay race against neighbouring schools. **Ms D Grego — PE Teacher**



PE DEPARTMENT CONTINUED

Jack Petchey Award — September 2017



Achievement Award



This award has been made to

Lacey Chapman

who has been nominated

OUTSTANDING ACHIEVER

During the month of *September* year *2017*

Congratulations!

Jack Petchey

Sir Jack Petchey CBE



DUKE OF EDINBURGH AWARD

We had an extraordinary opportunity to take part in an expedition for the Duke of Edinburgh Award last term. This consisted of us travelling to New Forest, walking 15km on the first day alone, through tough terrain and camping. As we trekked, the view of the greenery was extremely pulchritudinous, and the peace truly did contrast with the hustle bustle of the city. On Friday, we travelled and walked from stop to stop, taking different routes so as to arrive at the campsite and my team came first! We cooked our own dinner on the stove before enjoying exquisite, saccharine taste of s'mores. Saturday involved making our breakfast and preparing our lunch before setting off to arrive at the station. Overall, this trip has been an eye opener, in a particular manner that is difficult to explain but couldn't live without now having experienced it. I am most grateful to Mr Yates, Ms Holyoak, Mr Fields and Ms Holmes, the rest



of the students would join me in the belief that despite the challenges on the way, this has been a superb expedition.

Edward Ntalindwa Badege
Year 10 Student

ENGLISH DEPARTMENT

A Level English Literature

On Wednesday 4th October, 25 A-Level English Literature students journeyed to The Chickenshed Theatre in North London to see a performance of 'Doctor Faustus.'

Written by Christopher Marlowe, this is the timeless tale of a man who is prepared to sell his soul to the devil in return for incredible power. Desperate to learn the secrets of the universe, the scholar Faustus rejects his studies and instead turns to the black arts to discover hidden truths, but it's a deal that will prove his undoing.

Marlow was a contemporary of Shakespeare and the play has inspired writers and audiences for centuries. Cardinal Pole students were captivated by the very visual production that brought the language of the 1690s to life. All were keen to discuss the play's deep moral messages and the religious metaphors that run throughout. The journey back on the train was dominated by conversations about the seven deadly sins and how difficult it is to listen to your own inner 'Good Angel'. There are messages in the play regarding Catholicism and our students were able to reflect on their own faith and spirituality.

Students' behaviour and conduct was so exemplary that the Director, who was sitting just behind us, asked if our students could evaluate the performance to help him improve for future performances and productions. All gladly obliged.

The Chickenshed is a community theatre with an inclusive ethos where actors from all backgrounds and abilities are welcomed. Our students were inspired and motivated by this and are keen to return again in the future.

Ms K Archibald — Head of English

Year 7 Transition Unit

Year 7 began the term with a cross-curricular project on identity and place: 'What is my Hackney?' Pupils went to the Hackney Museum and explored themes of local history, local writers and immigration in their History, English and Drama lessons. In English lessons, pupils studied poems from our own Cardinal Pole anthologies – written by pupils at our school - this culminated in a 'Stories of Hackney' piece of descriptive writing. In all three subjects, the pupils learnt particularly about 'Windrush' immigration from the Caribbean to England, as next year is the 70th anniversary of the arrival of the Empire Windrush. The pupils were then treated to a performance from a drama company about this historic moment.

Ms A Hartley and Ms A Holmes — Literacy Lead Practitioner and Head of History



@CARDINALPOLERC - TWEETS

You Retweeted



Sem Moema @Semakaleng · Sep 20
Huge thanks to @HackneyCit & @CardinalPoleRC 4 support on #hackney landlord licensing - activism makes a difference



New landlord licensing measures will 'drive up stan...
Community action group Citizens UK welcomes Town Hall consultation on scheme that will 'bring rogue landlords to book'
hackneycitizen.co.uk



Cardinal Pole @CardinalPoleRC · Sep 27
Year 8 boys football team away to Kingston Academy in round 1 of the London cup. Cardinal Pole won 4-0!!! @LondonschoolsFA



Cardinal Pole @CardinalPoleRC · Oct 4
Happy World Teachers Day! Thank you for everything you do!
#WorldTeachersDay2017



Don't forget to follow us on Twitter @CardinalPoleRC

