

Cardinal Pole Catholic School 205 Morning Lane, London, E9 6LG Tel: 020 8985 5150

www.cardinalpole.co.uk

Headteacher: Ms J Heffernan Follow us on Twitter @CardinalPoleRC

2<sup>nd</sup> February 2018

Dear Parent/Carer,

## HEALTHY EATING AT CARDINAL POLE

One of our goals here at Cardinal Pole Catholic School is to help ensure that all of our pupils understand the need for a healthy diet and have access to good, wholesome food at break and lunch times. The drinking of carbonated/fizzy and sugary non-carbonated drinks, including energy drinks of any kind, is incompatible with this goal. Therefore, and with effect from Monday 5<sup>th</sup> February 2018, any such items brought into school by pupils will be confiscated and disposed of. We are sure you will agree that such items do not form part of a healthy diet for our young people and so have no place in our school.

We trust we have your support in this matter.

Yours sincerely,

1. Heffernam

Ms J Heffernan HEADTEACHER

