



Cardinal Pole Catholic School

Cardinal Pole Catholic School Parents Newsletter

October 2014

website: www.cardinalpole.co.uk



Headteacher's Message

Welcome Back!

It has been a very positive start to the term. Already extra curricular activities are available, including the homework clubs and additional tuition for years 9-13, after school and at the weekend. Please do check the website for further information on what is available.

Our new staff are a welcome addition to our team. As we continue to move all aspects of our work to outstanding, there is a special welcome to new members of our extended Leadership Team, Mr Hall (Assistant Headteacher, Teacher Training and PSHE) and Mr McEvoy (Assistant Headteacher and Key Stage 3 Achievement). In addition, Mr Gunning has been promoted to the Leadership Team as Assistant Headteacher with responsibility for Primary Transfer and Mr Allison joins the Leadership Team following promotion to Assistant Headship with responsibility for the Sixth Form. I look forward to working with them.

Working with parents is a very important part of the school and I wrote recently on this - I look forward to your responses and applications. Your support in securing the best possible education for your child is essential and our curriculum evening and homework policy form an important part of this.

Teaching and Learning are central to the improvement of the experiences and achievement of your child. We have been fortunate as a school to have made a number of alliances not only to improve our work at the school, but also in outreach to support others. Ms Dooley will highlight some of this work in our next newsletter.

It was wonderful to hear from past students, some a long time ago and others who have just left for employment and university. Emmanuel Farinre is enjoying Cambridge and Joyce Owolabi is thriving in her graduate job at Samsung - it is good to hear that life after Cardinal Pole continues to be exciting and rewarding. Our new Head Girl and Head Boy are Sabrina Yamoah-Afrifa and Ronnell Johnson.

Finally, some very sad news. You may have heard that Trisha Okoruwa, Director of Education at the Learning Trust, died recently. Trisha had a central role in improving education in Hackney, as a Headteacher and then in the School Improvement Service, before finally leading the Education Service as Director. A Mass has been offered for her and her family and they are remembered in our thoughts and prayers.

Ms J Heffernan, Headteacher

Past Pupil Visit

One of the special things about Cardinal Pole is its long history serving the Catholic Community in Hackney. I was delighted to be approached recently by some ex-Cardinal Pole pupils – they joined Cardinal Pole Catholic School right at the opening of the school, in September 1959 - fifty-five years ago. Some emigrated to America, others still live locally. It was with real pleasure and pride that we were able to show them around our wonderful new building.

The highlight of the day, for me, was a reminder of the continuity of service that Cardinal Pole Catholic School has shown to the local community and also to see how much pleasure our visitors took in seeing the school, reliving old memories and meeting our wonderful children. Our visitors spoke with fondness of many of the staff at the school, of friends and good times shared.



We laughed together at a time when the girls were taught to wash and iron as part of Home Economics and a rather cheeky member of staff provided her husband's shirts as practice materials; much fun was had when our visitors joined our girls in the gym at weight-lifting practice. They attended our assembly where we were joined by a representative from the Royal Air Force promoting our on-going links with the cadet service and were rewarded with a rousing rendition of 'Shine Jesus Shine'.

During the visit it was clear that although some things have changed, most especially the opportunities available to present day pupils and a belief by all that with hard work these opportunities are limitless, other things have remained the same –friendship, family, faith and a real sense of community.

So, to Eileen Timson (nee Murray), Christina Guastella (Nee Maher), Maroula Martin (nee Tsoundas) Angela Levin (Nee Fuery), Ursula Costa (nee Fuery) and her sister Veronica, I know you are now reading our Newsletter on line, it was a delight to host you; do not leave it so long the next time!!

- Ms J Heffernan, Headteacher

Staff Update

Just as we said goodbye at the end of last term to colleagues who were retiring or moving on to new posts, we welcome the following staff. Mr Hall and Mr McEvoy join an extended leadership team. Mr Murphy joins us as we expand our pastoral team. Mr Macdivitt, Mr Truelove and Ms Balogun are additions to staffing, supported by Pupil Premium funds. Mr Arday is appointed as we move from ICT to computing. Mr Egan

has been appointed to support our already successful careers work. Finally Ms Lockett is an addition in the languages department.

The Teach First Staff, Mr Bounds, Ms Desai, Ms Fox and Ms Yates also represent further additions to teaching at the school. I am sure you will welcome them.

We wish them well in their careers.

Name	Post
Mr Arday	Computing and ICT
Ms Azaz	Social Science Teacher
Ms Balogun	Chemistry Teacher
Mr Bounds	Science/Teach First
Ms Coria	Maths Teacher
Ms Desai	Maths/Teach First
Mr Egan	Careers Guidance Manager
Ms Fox	English/Teach First
Mr Hall	Assistant Head
Ms Holyoak	Geography Teacher
Ms Karbhari	Biology Teacher with responsibility
Mr Lawrence	Buisness Teacher
Ms Leeuwner	Science Teacher
Ms Lockett	MFL Teacher
Mr Macdivitt	Maths Teacher
Mr McCloskey	2nd in Dept RE
Mr McEvoy	Assistant Head
Ms McGeer	Head of MFL
Mr Murphy	Head of Year 10
Ms Temple	2nd in Dept Science
Ms Thomas	Head of Drama
Mr Truelove	English Teacher
Mr Pavitt	Head of Social Science
Ms Wallace-Dowse	History Teacher
Mr Yates	History/Teach First

A Level and GCSE Results

You have already heard of our outstanding results on recent letters home. It was good to see this information shared in our local community and to see how well we compare to other schools locally. The early entry results were also outstanding.

-Ms P Whyte, Deputy Headteacher (Achievement)

Thursday August 28, 2014, The Gazette 11

GCSE results | 4-page special

'This is a huge achievement for all involved'

Shouts of delight but a slight drop in the highest grades

by Shekha Vyas
shekha.vyas@archant.co.uk

Provisional figures from Hackney Council show the number of pupils achieving the highest grades in their GCSEs has dropped marginally this year from 2013.

Overall, 61 per cent of students got five or more A* to C grades in subjects including English and maths, representing a 0.5pc fall from 2013.

But corridors were still filled with shouts of delight last week when many students collecting their results were surprised to discover they had received higher grades than expected.

And a number of students even achieved A* or A grades in every subject.

Among the many success stories was a student who achieved a stellar set of grades despite worrying about family back at home in conflict-ravaged Ukraine, while City of London Academy, Hackney, celebrated a phenomenal set of results achieved by the first cohort at the school to sit GCSEs.

Congratulations

Cllr Anntoinette Bramble, cabinet member for children's services, congratulated students and commended their hard work.

She said: "Congratulations to everyone who collected their GCSE results on Thursday and did Hackney proud."

"It's our priority that every child in Hackney is given the



Jennifer Dyeng, Tian Sewell, Morgan, Aylin Dikun, and Damilia Ollen receive their results at Cardinal Pole Catholic School

best possible start in life no matter what their background, so this is a huge achievement for everyone involved."

Turn to pages 12, 13 and 15 for more coverage from across schools in Hackney.

School	% of pupils with 5 A*-C grade
Cardinal Pole	84
Clapton Girls' Academy	80
Hackney New School	Not supplied
Hackney University Technical College	Not supplied
Haggerston School	Not supplied
Lubavitch Senior Girls' School	Not supplied
Mossbourne Community Academy	91
Our Ladys Convent High School	Not supplied
Skinners' Academy	Not supplied
Stoke Newington School	Not supplied
The Bridge Academy	80
The City Academy	82
The Petchey Academy	59
The Urswick School	64.8
Yesodey Tatorah Secondary School for Girls	Not supplied

Early Entry GCSE Results: Languages

Pelin Aksoy 10R	A in Turkish
Sebastian Arenas Valencia 9D	A* in Spanish
Nuria Benedito 10R	A in Portuguese
Dominika Borys 9A	A in Polish
Emerson Cassama 9A	A in Portuguese
Kamil Ceylan 11C	A in Turkish
Ana Dos Santos Moreira 11 R	A* in Spanish & A* in Portuguese
Juan Jimenez 10A	A* in Spanish
Omar Kakar 10A	B in spanish
Melissa Karadag 9R	C in Turkish
Ummet Katrici 9R	C in Turkish
Onder Kilinic 10C	A* in Turkish
Amy Perlaza 11D	A* in Spanish
Konrad Peczkowicz 10C	A* in Polish
Lenin Rodriguez Tenorio 11N	A* in Spanish

Early Entry GCSE Results: Science

Core Science

ADEOSHUN: ADETUNJI A	A
AL-AMEEN:IDRIS O	A
ALFORD:MILES	B
AMPONSA:BEULAH	A
AROJOJOYE:MOTUNRAYO OLABI O	A
ASARE:EDWIN	B
BERT: ZEINAB	C
CHAPLIN: OMARI	C
FALLAH:MOJAMA	A
GARDNER:GABRIELLE	B
GLENN: KEON	C
HARPER:JACADIE	B
KYEREMEH:AMOAKO K	B
LAU:GAR K	A
MARTIN:AMBER A	A
MBALA:LESSIA L	A
MBUNDU:BENOIT	A
MCCALLA: APRIL	C
MCHUNU:NTSIKELELO	B
MISE-ORISAGBEMI:OLUMAKINDE	A
NGUYEN:OANH B	B
NKRUMAH:ABIGAIL	B
ODULATE:ESTHER	B
OSEI-BOAMAH:MARK	B
OSIFO:AISOSA H	A
OSINLARU:SAMUEL	B
PAIN:SAO	B
PHILLIPS-SMITH:RHYS	A
RAHMAN:AHMAD	B
ROYER:RHIANNA	B
SARFO:TIFFANY	A
SAUNDERS:HAKEEM	B
SAYAT:RAFAEL C	A
SHAH:HUSSAIN A	B
SLADE:MAE	A
TABUAH:LOUISE	B
TEKA:GEOFFREY	B
VIEIRA-PARREIRAO:PATRICIA	B
WILLIAMS:MARTIN	B

Additional Science

ADETUNJI A ADEOSHUN:	A*
AL-AMEEN:IDRIS O	B
ALFORD:MILES	B
AMPONSA:BEULAH	A
AROJOJOYE:MOTUNRAYO OLABI O	A*
ASARE:EDWIN	B
FALLAH:MOJAMA	A
GARDNER:GABRIELLE	B
HARPER:JACADIE	C
KYEREMEH:AMOAKO K	A
LAU:GAR K	A*
MARTIN:AMBER A	A
MBALA:LESSIA L	A
MBUNDU:BENOIT	A
MCHUNU:NTSIKELELO	A
MISE-ORISAGBEMI:OLUMAKINDE	A
NGUYEN:OANH B	B
NKRUMAH:ABIGAIL	A
ODULATE:ESTHER	C
OSEI-BOAMAH:MARK	B
OSIFO:AISOSA H	A*
OSINLARU:SAMUEL	B
PAIN:SAO	C
PHILLIPS-SMITH:RHYS	A
RAHMAN:AHMAD	A
ROYER:RHIANNA	C
SARFO:TIFFANY	A
SAUNDERS:HAKEEM	B
SAYAT:RAFAEL C	A
SHAH:HUSSAIN A	B
SLADE:MAE	A*
TABUAH:LOUISE	B
TEKA:GEOFFREY	B
VIEIRA-PARREIRAO:PATRICIA	B
WILLIAMS:MARTIN	B

Congratulations to them all!

Improving Teaching and Learning: Homework

A child who regularly completes homework will achieve better at GCSE and A Level. Research by the Sutton Trust shows that, at secondary school, regular homework is one of the most effective ways of improving your child's achievement.

-Ms K Dooley, Deputy Headteacher (Teaching and Learning)



What can I do if my child is stuck on their homework?

- If your child is struggling with their homework a good idea is to go back over the task with them to ensure that they understand. If you feel that you can help them then please do so, but avoid completing the work for them.
- The student should also have time to go and speak to the teacher who has set the homework.
- They can also contact a friend in the same class who has been set the same task, or maybe an older sibling can help.
- In some subjects they can use our new VLE (Frog) to revisit classwork
- It is always best to do homework on the day that it is set so that your child will have the time speak to teachers or seek other help.

How much am I expected to help my child?

Research has shown that pupils who are helped with their work learn better from it. This does not mean that you should complete it for them, but you can:

- Ask to see and discuss what they are working on; show an interest in what they are learning.
- Ensure that they have any equipment, pencils or rulers etc. that they need.
- Talk through the homework task, ensuring that they understand what to do.
- Discuss possible answers or ideas.
- Encourage them to make a rough or draft copy first
- Look over the finished work to ensure that they have completed the tasks and that presentation is good.

How long should a piece of homework take?

Most homework pieces will take around 30-45 minutes to complete, though this is only a rough estimate as it depends on the student. Pieces will vary in length depending on the nature of the task. The table below shows an estimate of the amount of time you should expect your child to spend on homework each day:

Year group	Per subject	Per day
7	30 – 45 mins.	45 – 90 mins.
8	30 – 45 mins.	45 – 90 mins.
9	45 – 60 mins.	1 -2 hours
10	45 – 60 mins.	1.5 – 2.5 hours
11	45 – 60 mins.	1.5 – 2.5 hours
12	60 – 90 mins.	3 - 4 hours
13	60 – 90 mins.	3 - 4 hours

Improving Teaching and Learning: Homework

Do all subjects set homework on a weekly basis?

Yes. Most subjects will set either one or two pieces of homework a week according to the homework timetable which is given to students at the start of the school year. The table below shows the frequency of homework setting across different subjects.

Subject	How often	
	KS3	KS4 and KS5
English, Science, Maths, RE	Once a week	Twice a week
Art and Design Design and Technology Drama Geography History IT Modern Foreign Languages Music	Once a week or an extended project	Twice a week
Drama	Once every two weeks	Twice a week
PE	Do not set homework at Key Stage 3 as they run lunchtime and/or after-school clubs (see <i>Extended Schools</i> leaflet).	Twice a week

What can I do if I feel my child is getting too much/ not enough homework or it is too hard or too easy?

If you feel that your child is being set too much or too little homework, please contact their tutor, PSM or Head of Year. They will have an overview of the student and will be able to identify why this is the case. They can then contact the class teachers to help resolve the issue.

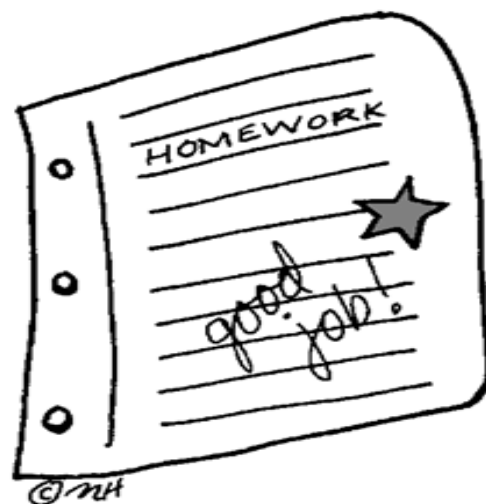
If you think the work is not at the right level then the best person to contact would be the teacher that set the work. It may be that the task was designed to stretch the class, or to ensure that they all consolidated the learning in the lesson. Some tasks may also be designed to prepare students for the next lesson, and this may be an easier task though very valuable.

Why do I need to check and sign the planner?

The planner is a key tool for communication between home and school. It should be signed on a weekly basis by both parents and the tutor. This will ensure that the amount and completion of homework is being monitored. It will also ensure that you are aware of any other notes from the class teachers or tutors which may be recorded in the planner. This could include information about equipment, events or behaviour.

Where should my child do their homework?

Every child works differently, but it is best to work in a quiet and clear environment on a table or desk. They should only be accessing the computer if it is necessary for the task. Sitting in front of the TV/ on social media/ on a mobile phone can be very disruptive for work and can make it take a lot longer and be of a lower quality. If it is difficult to find space at home then your child can attend school Homework Clubs which are open before school, at lunchtime and after school. Times and days for homework clubs are published in the school extended - schools booklet (available on the school website).



Improving Teaching and Learning: Homework

What are the consequences of my child not doing their homework?

If homework is not done your child will receive a 30 minute detention. If it becomes a regular occurrence longer detentions and further sanctions will be imposed, such as compulsory attendance at Homework Clubs.

There are many other ways to develop your child's learning outside the classroom:

Eat well!

Encourage habits of eating and drinking healthily – too many salty, sugary snacks and sugary or fizzy drinks are not good for concentration.

Sleep!

Make sure your child gets enough sleep – children of 11 or 12 should be getting around 10 hours of sleep a night. Their concentration will be seriously affected by a lack of sleep. So if they get up at 7am, they should be in bed by 9pm.

Read more!

Always encourage your child to read a wide variety of texts – newspapers, magazines, books - and it helps to demonstrate that you are a reader too.

Grasp the opportunities!

Encourage them to watch TV programmes on subjects they may be studying or that may be on a subject that you think will interest them.

Talk!

It is also very important to talk to your child about their day and what they have learnt. You could even ask them to teach you about it - the best way for them to learn is to teach someone else. Try to find topics you're both interested in so it's more of a conversation than an interrogation.

Take interest!

Look in your child's exercise books and read the comments and feedback they receive from their teachers. Encourage them to use their green pens to respond to their teachers' comments.

Please remember there is a Parent Forum in school on 17th October from 09:00 - 10:00 to discuss this. All are Welcome.

- Ms K Dooley, Deputy Headteacher (Teaching and Learning)

Improving Teaching and Learning: Frog: Cardinal Pole's New VLE



How to log on to Frog

We have an exciting Virtual Learning Environment (VLE) for your child to use and access learning resources.

Follow the following link: <https://frog.cardinalpole.co.uk/app/login>
Your child will then need to use their usual school login details to access the site.

Cyber Safety



Helping to keep your child safe online

We take E-safety very seriously at Cardinal Pole and it is really important that you are fully informed on how to keep your child safe online. Please see the following website for lots of tips and advice: <https://www.thinkuknow.co.uk/parents/Secondary/>

Improving Teaching and Learning: Extended School and Extra-curricular

Cardinal Pole Catholic School operates a full programme of extra-curricular activities which take place before school, at lunch time, after school, on Saturdays and some half term holidays.

- Mr A English, Assistant Headteacher

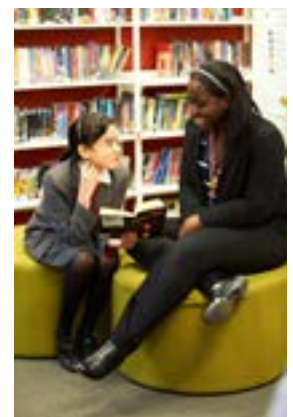


There are opportunities for pupils to engage in activities such as drama, sports and chess to name a few. All pupils in KS3 (years 7, 8 and 9) are expected to participate in at least one of the wide range of activities this year and there is an expectation that pupils who sign up to extra-curricular activities, attend all sessions.

Our extended school—which operates early mornings, late afternoons and on Saturdays—is intended to help pupils to re-visit materials previously covered in lessons in preparation for exams and to provide additional academic support to those who are at risk of falling behind. Extended school is open to all year groups but some pupils will be specifically targeted.

Our homework clubs are historically very popular and are open to all. Pupils are encouraged to attend for help with homework or to use the time and space for their own private study. Homework clubs are operational before school, lunch time, after school and now on Saturdays.

Outside of academic support, pupils are given the opportunity participate in engagement activities which help to further and develop their creative side. Our Debating team travel to Slovenia every year in order to compete against other top schools in Europe. Sports, including football and netball, are very popular with our pupils.



It is extremely important that pupils involve themselves in as many aspects of Cardinal Pole Catholic School as possible. Learning outside of the classroom can have such a positive impact on your child's academic and social development, and provide interesting activities to include on CVs and UCAS statements.

- Mr A English, Assistant Headteacher

Improving Teaching and Learning: Careers guidance

I'd like to introduce myself as the new Career Guidance Manager at Cardinal Pole School. My role will be to co-ordinate a vast programme of interactions and activities with students from year's 7-13, with extra emphasis based on working with students at the time of key transitions in year 9, 11 and sixth form. At the moment, there are year 11 guidance interviews taking place which help give students an overview of all the post-16 options available. Sixth form students are also being supported with their post-18 options with many looking down the apprenticeship route alongside finding work experience. We've also had 16 year 9 students visit the Asset Management Company, Black Rock and engaged with their professionals. I'm always looking to involve parents and contacts we could use for work experience placements and careers talks, so if you are able to offer your services then please do get in touch.

- Mr J Egan, Careers Guidance Manager

Literacy and Reading



Bookbuzz is a reading programme from the Booktrust, which supports schools to encourage reading for pleasure, independent choice and develop a whole school reading culture. Following its success last year, Year 7 pupils will once again be participating in Bookbuzz this term. Pupils will have the opportunity to choose their own book from a list of 17 titles selected by a panel of experts, suitable for 11 - 13-year-olds.

Each pupil will receive a book and bookmark to keep. Pupils will use the Bookbuzz resources and activity sheets provided to promote the enjoyment of reading during registration. They also have access to the website which is packed with a wealth of information, including extracts from the books, a film featuring the Bookbuzz authors, downloadable resources and exclusive competitions.

Visit: <http://www.bookbuzz.org.uk/>

Frog – Library page

Our new Frog learning platform has given the library the opportunity to share lots of fun sites to support reading, for both you and your child. On the library page you will find links to book review sites, bookblogs, writing sites, learning sites plus lots of other information around reading and literacy in school. The online library site can also

be accessed here where your child can reserve books, write reviews, access over 1000 e-books and 11,000 web links to support their learning.



Books About Town

The Library, English and Art departments are collaborating to take part in the National Literacy Trust's programme 'Books About Town'.

Over the summer trails of benches shaped as open books, decorated by professional illustrators and local artists, were placed around London for the public to enjoy. The benches were decorated to explore the capital's literary connections and to celebrate reading for enjoyment. The National Literacy Trust also provided the school with resources and training, based around teaching whole texts. Even more exciting: Cardinal Pole gets it's very own bench which will be decorated by pupils following a design competition and unveiled in the spring.

A selection of our pupils will also be visiting the exhibition of the book benches at the Southbank on the 2nd October, ahead of their exclusive auction to raise funds for the national Literacy Trust's vital work to raise literacy levels in the UK.

- Ms K Hayward, Librarian

- Ms A Hartley, Lead Practitioner (Literacy)

Literacy and Reading

Reciprocal Reading

Pupils are encouraged to use Reciprocal Reading skills to support their reading. These skills are used across the school and could be used to support your child at home. Predict, clarify, question, summarise are key skills when understanding a text.



PREDICT Use clues from the text
I think...because...

I'll bet...because...

I suppose...because...

I think I will

learn...because...



QUESTION Ask questions as you read. Some answers will be in the book others

will come from your own experiences.

Use the question words

I wonder...

who, what,

why, when, where, how,

what if.



CLARIFY How can to figure out tricky words or ideas?

Reread, reread, reread!

Look for word chunks you know

Try sounding it out.

Read on

Ask, if it make sense?

Talk to a friend.



SUMMARISE Using your own words, tell the main ideas from the text

in order.

This text is about...

This part is about...

First... next... then...

finally...

Form Literacy Representatives

This year every form class has nominated literacy rep. The Literacy reps will be responsible for promoting Literacy within their form class, looking after the form book box and assisting their form tutor in delivering the current Literacy Focus. Congratulations to:

7SWL – Korby Asamoah / Brigette Ausena

7CAM – Denzel Atemkeng / Adrienn Dorsette

7ARW – Darnell/ Chanel Bonsu

7CTW – Cinira gasper Da Silva / Sukanmi Alesinloye

7WARD - Destinae Huie / Theo Momodu

7LINE – Edward Ntalindwa Badege / Emily Zapata Caicedo

8N - Chloe James

8D – Alleran Jaio / Aisha Adewale

8L – Zackilea Miller / Nigel Yeboah

8R – Darlene Oppong / Cory McKend

8C – Catherine Tran – Hoang / David Adeleye

8A – Shakira Scarborough / Caelan Fortune

9A – Darryl Fortune Allen / Wesley

9R – Trinity Leslie

9N – Melandra Kwatiah

9C – Peter Okufuwa

10L – Montana Maxwell Russell

10D –Taylar Charlary

10N – Eniola Aboaba

11D – Aaron Ngopawni

11N – Halima Senessia

11A - Hayley Obioma

11A - Martin Williams

Sixth Form Reading Mentors

Year 12 pupils have volunteered this year to work with year 7 pupils as reading mentors. The following pupils successfully completed training in guided reading and have now started to mentor a year 7 pupil to support them in their reading in sessions outside of lesson time.

Luke Samuel Warner

Zan Bulbul

Matthew Afalabi

Shenique Bass

Whitney Dongo

Jessica Bodkin

Joanna Williams

Tian Sewell Morgan

Christabel Attuah Kwatiah

Daniel Okwuyen

Kenneth Oyenusi

Wiktorija Mikolajczak

Literacy and Reading: Cardinal Pole Pupil Librarians

The following pupils assist in the library on a regular basis. They are always on hand to help fellow pupils choose books whilst ensuring the library is kept tidy and a pleasant quiet space to read. Congratulations to the team on their hard work, commitment and enthusiasm for books.

Abigail Lashley 10N
Eniola Aboada 10N
Rosie Muanda 8R
Chloe James 8N
Angela Qu 8R
Kayan Hoang 8R
Aleyna Tosun 8R
Savanah Pham 8A
Mary Adekoya 10R
Clint Best 9N
Fiona Brown 8L
Denique Cole Johnson 8N



Any pupils interested in becoming a pupil librarian can apply through the library.

Literacy and Reading: School Encyclopedia Britannica Online

The school has recently purchased Online Encyclopedia Britannica to support your child's independent learning. The site can be accessed from home as well as school and is done so through the library site on the FROG platform, accessed through the school website.

Three age-appropriate sections provide a wealth of resources for your child. With three adjustable reading levels, an audio dictionary and a translate function into 800 different languages this site will be invaluable to your child's learning, providing resources for homework and research projects. Pupils will be able to conduct research, complete school assignments, work on special projects, or explore their unique interests.

The site adapts to all devices including tablets, smartphones and computers. The features include:

- Learning games to engage young learners
- Thousands of magazine and journal articles directly related to search topics
- Merriam-Webster Dictionary with audio pronunciations
- 'My Britannica' to save and share articles, images and videos in a personal account.
- 90,000 images, videos and audio clips
- Subject Browse, from Animals and the Arts, to Science and Maths
- 129,000 of the Web's Best Sites related to search topics
- Biography Browse
- How-to documents for creating book reviews, presentations, research papers and science reports
- Read-Aloud feature ideal for enabling comprehension for young readers and ELLs
- World Atlas
- Compare Countries
- Primary Sources

P.E. at Cardinal Pole

Since the start of the term we have been awarding one boy and one girl each term a star of the week award for their outstanding efforts in PE. In this newsletter you will see a selection of photographs of successful pupils. Well done to all those who have received a certificate. There are lots of weeks left to achieve an award so please put that effort in!

- Mr S Purcell, Head of PE



PE STAR OF THE WEEK



GREAT EFFORT



GREAT WORK

TENEKA THOMPSON

PE STAR OF THE WEEK



GREAT EFFORT



GREAT WORK

SANNIMO YEBOAH

YEAR 8 SPORTSHALL ATHLETICS WINNERS



CONGRATULATIONS ON YOUR
EXCELLENT TEAM EFFORT

2014

8C



P.E. Fixtures 2014/15

OCTOBER

Friday 17th October Year All 9&10 Girls 3v3 basketball
Friday 24th October All Year 8 3v3 basketball

NOVEMBER

Friday 7th November All year 7 3v3 basketball
Friday 14th November – year 7-10 boys and girls Jump to music high jump competition
(This will only involve pupils who decide to enter the competition)
Friday 21st November Year 8-10 open weightlifting competition (weights room) starting period 5
(This will only involve pupils who decide to enter the competition)
Friday 28th November –All Year 7 boys badminton competition

DECEMBER

Friday 5th December - All Year 7 Girls badminton competition
Friday 12th December – All Year 7 Kinball volleyball competition

JANUARY

Friday 9th January – All Year 7 indoor rowing competition
Friday 16th January – All Year 8 Indoor rowing competition
Friday 23rd January – All Year 9&10 boys indoor rowing competition
Friday 30th January – All Year 9&10 Girls indoor rowing competition

FEBRUARY

Friday 6th February – All Year 8 Kin ball Volleyball competition
Friday 13th February – All Year 9 Kin ball Volleyball competition
Friday 27th February All Year 8 boys badminton competition

MARCH

Friday 6th March All Year 8 Girls badminton competition
Friday 13th March All Year 9 boys badminton competition
Friday 20th March All Year 9 girls badminton competition

APRIL

Friday 17th April. All Year 10 boys badminton competition
Friday 24th April All Year 10 girls badminton competition

MAY

Friday 1st May – All Year 7 rounders competition
Friday 8th May – All Year 8 rounders competition
Friday 15th May All Year 7 Boys football
Friday 22nd May All year 7 Girls football

JUNE

Friday 5th June – All Year 8 Boys football
Friday 12th June - All Year 8 Girls football
Friday 19th June – All year 9 boys Football
Friday 26th June – All year 10 boys Football

JULY

Wednesday 1st July – Sports Day

P.E. at Cardinal Pole: Sports News

Football report

It is great to see so many teams back in action this year with up to 8-10 teams being fielded on a Saturday morning for the Hackney and Tower Hamlets league. The league is a good opportunity for us to field as many boys as possible and rotate positions. Whilst we always want the boys to perform to the best of their ability we are more focused on trying to give all those that attend training a chance to play.

The cup competitions are where we allow the best boys in each year group the chance to measure their ability against the best teams in London and in the National competition. We have had early wins from years 7, 8, 10 and 11 so far. The year 11 boys played some terrific football to beat Haberdasher's from Lewisham 5-1 in the 1s round of the inner London cup.

Dance

We are fortunate enough to have a street dance instructor in schools on Wednesdays and Friday's after school. These sessions are free and offer a great opportunity to improve movement skills and the chance to perform at a competition later in the year.

It would be great to see more boys get involved in this activity which can be of real benefit to

their skills in other activities. Rio Ferdinand had the opportunity of a scholarship for ballet during his formative years after attending classes for some time. I'm certain he would have benefitted from the body control he developed during his lessons which he then transferred to football.



Judo

It is great to see the judo club up and running again with a number of year 7 pupils joining in the already thriving club. We are fortunate to have Calvin Walker-Hall in charge of the club and linking this to Hackney Judo club which gives the pupils so many opportunities to compete. Any interested pupils should attend on Tuesday's after School.



P.E. at Cardinal Pole: Sports News

Sportshall Athletics

We have been hosting the Hackney league this year and are undefeated in both boys/girls competitions in year 7 and 8. The teams are all aiming to qualify for the London finals but will have to perform well across the four meetings to achieve this.

Year 8 and 9 Girls netball

On Monday 29th September, the Year 8 and 9 girls netball teams played their first matches of the Hackney Netball League for 2014-2015. Although both teams has a loss in their first match against Our Lady (hosted at Cardinal Pole in our sportshall), the teams played well and are ready to start training hard for the up and

coming league which will run from now until April next year.

If you are a girl in Years 7-9 and interested in being in the school netball team, where you will get to play matches and train on a weekly basis, please come along on Monday the 20th October for the second round of netball trials for the teams between 3.15-4.30pm after school with your PE kit and energy!!

There will also be a weekend residential trip being organised by Miss. Pontifex early next year for those girls who are selected in the team and who show commitment and dedication to both training and the tournament.

- Mr S Purcell, Head of PE

P S H E

This academic year sees the start of a formal PSHE (Personal, Social and Health education) programme at Cardinal Pole. Lessons take place in every year group during Period 6 on a Friday.

PSHE education is a planned programme of learning through which young people acquire the knowledge, understanding and skills they need to manage their lives. As part of a whole school approach, the PSHE programme aims to develop the qualities and attributes young people need to thrive as individuals, family members and members of society.

The programme at Cardinal Pole will involve a wide range of topics and methods of delivery over the year, including outside speakers delivering workshops on specific issues.

This term the following is taking place:

- Students across Years 7, 8 and 9 will be focusing predominantly on skills relating to 'Learning to Learn' and 'Learning to Listen'. The intention is that students will deepen their understanding of how to become truly effective learners.
- Students in Years 10 and 11 will be focusing on study skills and how to manage their workload effectively at this critical time in their school careers.
- Students in Years 12 and 13 will be focusing on preparing for the UCAS (Universities and Colleges Admissions Service) process and how to get the most out of it.

In addition there will also be Year Group Masses and some sports events throughout the year in PSHE time. A more detailed update including student reflections on the programme so far will follow in the next newsletter.

- Mr A Hall, Assistant Headteacher

Scholar's Programme: Brilliant club

The Scholars Programme is an in-school academic programme for selected pupils. It is designed to give pupils exposure to a genuine academic environment and to experience learning in the style of a university student. Pupils worked closely with a PhD Tutor, who was either studying to gain a PhD or already had one, in a series of small group university-style tutorials to study a 'super-curricular' course that explores topics they may not usually have studied in our school curriculum.

- Mr R Askoolum

Our Autumn Graduates

Tayeb Grace

Shakira Saunders

Jedidiah Ubaldo

Foluwaso Olufowabi

Onder Kilinc

Justine Howell

Patricia Bonsu

Aldrim Mehmetaj

Keren Lumbu

Konrad Peczkowicz

Nathan Verrier

Beulah Amponso

Gar Kin Lau

Hope Osifo

Rafael Sayat

Hussain Shah

Emmanuella Boateng

Mae Slade

Patricia Vieira-Parreirao

Oanh Nguyen

Abigail Nkrumah

Toluwalake Aleja-Banjo

Shakira Saunders

Lessia Mbala

Obet Amankwaa

Rikesh Dahya

Jovan Edwards

Daniella Ieronimou

Nikhil Umaria

Sabrina Yamoah-Afrifa



Topics this year covered physics, philosophy and ethics. During the tutorials pupils completed readings and assignments that stretched them to work at one level above their current key stage, including a 2000 word university-style final assignment. The Scholars Programme also took pupils on trips to two highly-selective universities. This gave pupils the opportunity to meet current undergraduates, tour the university and receive information, advice and guidance from university outreach staff.

The graduation ceremony was held this year at the University of Sussex. A few quotes from our students:

"The Brilliant club was an amazing experience. The part I enjoyed the most was learning stuff that we were not exposed to before. It gave me a chance to experience what will be taught in university. It has given me the confidence that if I try hard I can achieve to degree level."

- Hope Osifo, Year 11

"I liked the fact that it challenged me and gave me further understanding of photocatalytic reactions. It provided me with an insight of how I might study and work at university. The graduation trip was brilliant, we were able to tour the University of Sussex and see what a campus was like."

- Beulah Amponso, Year 11

"The brilliant club was a great experience for me because it gave me an insight on how to cope with a university degree level standard of work. I gained and was able to improve valuable skills which are essential in the outside world which I found incredibly useful including communication skills, analytical and presentation skills. The graduation trip was outstanding, viewing life as a graduate and learning problems faced by many graduates. The students I met taught me tasks such as managing money, social issues and how to make friends."

- Jovan Edwards, Year 13

"What I liked about the Brilliant club is that it gave me the opportunity to take what I've learnt at AS level and expand on it, thinking outside the box in a fun way. It allowed me to understand my subjects better and I feel like it would be a good thing to talk about on my application to university. Graduation opened my eyes to what university is like outside of London and I can now imagine myself there."

- Daniella Ieronimou, Year 13

"I enjoyed participating in the brilliant club as it allowed me to further my knowledge in moral philosophy. The scholarship program has given me ideas of what I would study later on in my A 'Levels and possibly during my degree. The graduation trip was an amazing event to attend as we were able to explore the university and speak to graduates there."

- Oanh Nguyen, Year 11

"The Brilliant club was a great experience because it tried to find the intermediate between A 'Level and Degree level of study. The tutors were very



helpful and the assignment felt very rewarding to complete. The programme overall was a great benefit to me, in that it enhanced my analytical and communication skills, it made me more independent as a whole. The graduation was fantastic; the tour round Sussex University was helpful to see other students working and achieving."

- Rikesh Dahya, Year 13

"I liked the fact that I was provided with work that was challenging, learning material that I have never experienced. It expanded my knowledge of the outside world. I was extremely pleased to have achieved a 1st. The graduation trip to Sussex University was excellent, standing in front of other students on the programme and receiving my certificate. Being part of this brilliant club has proved to me that I am capable of achieving at a high level. I would love to be part of the program again."

- Garkin Lau, Year 11



A fantastic and hardworking performance by all our students, well done to all of them.

- Mr R Askoolum

Autumn Term Key Dates

OCTOBER

Monday 20th October Year 11 Pilgrimage
Thursday 23rd October Attendance Rewards Breakfast

Monday 27th - Friday 31st October - Half Term

NOVEMBER

Monday 3rd - Friday 14th November Year 11 Drama Controlled Assessment
Tuesday 4th November Year 8 HPV Immunisation
Tuesday 4th November Sixth Form Open Evening
Thursday 6th November Hackney Gala
Monday 10th November Year 7 Certificate Assembly
Tuesday 11th November Year 8 Certificate Assembly
Tuesday 11th November Year 10 Parents Evening
Wednesday 12th November Year 9 Certificate Assembly
Thursday 13th November Year 10 Certificate Assembly
Friday 14th November Year 11 Certificate Assembly
Monday 17th November Cardinal Pole Memorial Day
Tuesday 25th November Annual Gideon Visit- Year 8
Thursday 27th November Music Concert (St Cecilia's)
Friday 28th November Year 12 Work Experience Assembly

DECEMBER

Tuesday 2nd December Year 7 Parents Evening
Thursday 11th December Shakespeare Schools Festival in school Performance
Friday 12th December Year 10 Work Experience Assembly
Friday 12th December Year 7 Charity Christmas Disco
Monday 15th December Christmas Dinner
Tuesday 16th December Year 7 Christmas Carol Service
Tuesday 16th December Year 10 - Td/IPV & Meningitis C Immunisations
Wednesday 17th December Attendance Rewards Breakfast
Thursday 18th - Friday 19th December Christmas Liturgies
Friday 19th December School closes for pupils at 1.35pm

Friday 19th December -Monday 5th January - Christmas Break